



**NATIONAL BOBSLEIGH PROGRAM
2020-21 NBP SELECTION PROCESS & CRITERIA**

**FOR SELECTING CANADIAN BOBSLEIGH ATHLETES TO THE
SENIOR BOBSLEIGH TEAM & DEVELOPMENT BOBSLEIGH TEAM**

**FOR DESIGNATING CANADIAN BOBSLEIGH ATHLETES AS
NEXTGEN BOBSLEIGH PILOTS**

FOR THE 2020-21 SEASON

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PURPOSE

The following outlines the process **Bobsleigh CANADA Skeleton (BCS)** will follow in selecting athletes to the **Senior Bobsleigh Team (SBT)** and **Development Bobsleigh Team (DBT)** as part of the **National Bobsleigh Program (NBP)** as well as for **NextGen Bobsleigh Pilot (NGBP)** designation. This Selection Process has been designed in support of BCS' mission to develop and sustain World and Olympic Champions. Fairness, equal opportunity, the desire to field competitive teams for international competition and the development of NextGen athletes are the guiding principles of this NBP - Selection Process & Criteria.

BCS will utilize a combination of testing camp results, including athletic testing and/or icehouse push testing (as applicable) where athletes earn their **Athletic Performance Evaluation (APE)** score (Appendix A), along with an **Evaluation Race Series (ERS)** for the process of completing team selections.

1) NBP - SELECTION PROCESS

A) ELIGIBILITY

To be eligible to participate in, and at all times throughout, the NBP – Selection Process, including testing camps (as applicable) and the ERS, candidates must fulfill the following conditions:

- i) be a member in good standing of either BCS or the candidate's respective provincial association;
- ii) unless a written exemption is granted by the High Performance Director (HPD) in advance, have participated in and/or competed in all required events, camps and/or competitions in the 2019-20 and 2020-21 Seasons to which they were selected to participate, including:
 - (1) NBP camps;
 - (2) Canadian Championships;
 - (3) Competitions (OWG / WCh / WC / NAC and/or EC); and/or
 - (4) Such other mandatory events as may be notified to the athlete from time to time in advance. ("Season" means the 12 month period from April 1st through March 31st annually)
- iii) have paid all outstanding fees;
- iv) have a passport valid for a period of at least 6 months beyond the end of the upcoming competitive season;
- v) meet the eligibility requirements to obtain a Canadian IBSF license;
- vi) not have a current sanction imposed resulting from an anti-doping violation; and
- vii) demonstrate, to the satisfaction of the NBP-High Performance Committee (NBP-HPC), sufficient on-ice sliding proficiency.

The NBP-HPC shall be chaired by the HPD and include the NBP-High Performance Manager (NBP-HPM), NBP-Head Coach (NBP-HC) and such other technical or other key personnel who may be consulted from time to time at the sole discretion of the HPD.

B) ERS FORMAT

The ERS consists of two (2) races per discipline, **ERS Race 1 & ERS Race 2**, being conducted on 1 track for a combined total of four (4) heats where **ERS Points** are earned.

	ERS Race #1	ERS Race #2
Planned Location	Whistler	Whistler
Race Format	World Cup (2 heats over 1 day)	World Cup (2 heats over 1 day)
Start Order Heat 1	By rank according to each Pilot's previous season's IBSF ranking. Pilots without an IBSF ranking will be drawn at the end of the field.	By rank according to the final ranking from ERS Race #1.
Start Order Heat 2	Reverse order by rank according to the first race heat for each ERS Race.	

Note: "By rank" means by highest rank first i.e. athletes who finish first, then second, then third etc.

C) CONDUCT OF THE ERS

The ERS will be conducted in accordance with the current IBSF rules, as applicable. Any modifications to the ERS Rules will be announced at the pre-race meeting(s)/draw(s). Athletes are responsible for representing themselves at ERS meetings.

i) General race format will be as follows:

- (1) Race draws will be held following the final training heats;
- (2) Ties in individual ERS Races will be broken by the teams' respective cumulative push times for the respective ERS Race. The team with the lowest cumulative push time will be deemed the team of higher rank.
- (3) All equipment (sleds, runners, race suits, footwear, helmets, etc.) must conform to the current IBSF rules, pass the appropriate technical inspections and, if the equipment is not owned by BCS, the equipment must be available to the athlete for the entire season;
- (4) Each Pilot is responsible for compiling their respective team of eligible Crew and entering the team into the ERS;
- (5) Unless a written exemption is granted by the HPD in advance, all Crew participating in the ERS must be available to compete for the entire season;
- (6) Specific race protocols will be announced at the race draw, to reflect the race conditions (times, weather, etc.); and
- (7) Protests must be verbally made to a jury member within five minutes of the race ending and must be submitted in writing within twenty minutes of the race conclusion, along with a \$100.00 CAD protest fee.

ii) Changes and/or Rotations during the ERS:

- (1) Notwithstanding section **1)C)i)(4)** above, the NBP-HPC reserves the right throughout the selection process (including but not limited to the ERS), at its sole discretion, to rotate and/or replace Crew, including but not limited to:
 - (a) Changing and/or rotating Crew (individually or as a team) between Pilots; and
 - (b) Such other changes as may be appropriate from time to time.
- (2) Should such discretion be exercised, due consideration shall be given to the fair conduct of the ERS and with regard to purpose outlined in this document and notified to the ERS participants as follows:
 - (a) If for reasons of performance, such changes and/or rotations shall be notified to the ERS participants as soon as reasonably possible, but prior to the ERS race draw; or
 - (b) If for reasons of safety, injury and/or unforeseen circumstances, such changes and/or rotations shall be notified to participants as soon as reasonably possible.

D) ERS POINTS

ERS Points will be awarded, per discipline, for each of the ERS Races according to the following points table:

ERS POINTS TABLE	
ERS Race Rank	ERS Points
1 st	10
2 nd	6
3 rd	4
4 th	3
5 th	2
6 th	1

Bonus Points

Bonus points will be awarded based on the average time of the top three places finishers, per discipline, with an additional 1/10th of a point being allocated for each 1/10th second ahead of the average time.

Example: *1st – 115.30 2nd – 117.05 3rd – 117.45 = Average time is 116.60 seconds.*
1st place finisher is 1.3 seconds ahead of the average time therefore receives an additional 1.3pts.

Total combined ERS Points, per discipline, will be used to rank Pilots.

Ties

In the event of a tie in total ERS Points, per discipline, the tie will be broken by the teams' respective cumulative push times, over all ERS race heats. The Pilot of the team with the lowest cumulative push time will be deemed to be the Pilot of higher rank.

ERS rank and those considerations as outlined in section **3)** will help to determine the NBP Team to which the Pilots will be nominated.

E) ERS – UNFORESEEN CIRCUMSTANCES

Fairness, equal opportunity, the desire to field competitive teams for international competition and development of athletes are the guiding principles of the NBP- Selection Process and Criteria. Notwithstanding the importance of the ERS in the NBP-Selection Process, unforeseen, intervening circumstances (weather, budget, etc.) affecting the conduct of the ERS, may occur.

- i) If a scheduled ERS Race or portion thereof cannot be held or must be interrupted, BCS will first try to re-schedule the ERS Race or portion thereof;
- ii) If a venue change is feasible, BCS will attempt to change the venue but will not guarantee funding for travel to the new venue; and/or
- iii) If a venue change is not feasible, ranking will be based first on the portion of that ERS Race completed or if no portion has been completed, then ranking will be established at the sole discretion of the NBP-HPC.

2) IBSF PARTICIPATION QUOTA

For the 2020-21 season, Canada has qualified the following IBSF participation quotas:

Circuit	Women’s Bobsleigh Quota		Men’s Bobsleigh Quota	
	Women’s Monobob Quota	2-Woman Bobsleigh Quota	2-Man Bobsleigh Quota	4-Man Bobsleigh Quota
World Cup (WC)	3	3	2	2
North American Cup (NAC)	4	4	4	4
Europa Cup (EC)	4	4	4	4

Note: For the purposes of this NBP Selection Process & Criteria, the “disciplines” are Women’s Bobsleigh and Men’s Bobsleigh.

3) NBP – SELECTION CRITERIA

A) FINAL SELECTION PROCESS

Upon completion of the ERS and consultation with the NBP-HPC, the HPD will nominate the list of eligible athletes to the Selection Committee, in accordance with the criteria set out herein, for selection to the Senior Bobsleigh Team and Development Bobsleigh Team and NextGen Bobsleigh Pilot designation(s). The Selection Committee will review the nominations and ratify the selection in accordance with the criteria set out herein.

The Selection Committee will be comprised of:

- i) BCS Board Member (Selection Committee Chair);
- ii) BCS Chief Executive Officer;
- iii) BCS High Performance Director;
- iv) Athletes Representative - Skeleton; and
- v) Independent participant.

***Notes: If any named member is not available the Selection Committee Chair may designate a replacement at his/her sole discretion.
BCS NBP Technical Staff, as applicable, may be invited to participate in a portion of the Selection Meeting.***

B) SENIOR BOBSLEIGH TEAM (SBT) SELECTION

The maximum number of Pilots that may be selected to the **SBT** is the number of Canadian WC quota spots as set out in section **2)**. For the avoidance of doubt, BCS may select fewer athletes than the number of WC quota spots.

The number of SBT Positions to be filled shall be determined at the sole discretion of the NBP-HPC, in consultation with such other BCS staff as may be appropriate, considering such factors as may be deemed appropriate, including but not limited to budget constraints, NBP strategies, World Championships and/or Olympic qualification and other factors as applicable.

i) SBT Eligibility – Pilots & Crew

In addition to meeting the eligibility requirements as per section **1)A)** at the time of nomination, to be eligible for nomination for selection to the SBT, candidates must fulfill the following conditions:

- (1) execute the 2020-21 BCS Athlete Agreement;
- (2) be eligible to compete on the WC Circuit under the current IBSF rules; and
- (3) have met either the SBT Performance Standard and/or the NBP Push Standard, as set out below:

a. SBT Performance Standard

The SBT Performance Standard is having achieved a top 8 result, in their respective Olympic discipline(s), at the Olympic Winter Games or World Championships in either of the previous 2 seasons to the current Season.

Athletes who have met the SBT Performance Standard are required to confirm their health status as fit to compete through consultation with the BCS Integrated Support Team (IST) at the time of nomination to the Selection Committee.

SBT Performance Standard exemptions may be considered by the NBP-HPC for Pilots who have not met the SBT Performance Standard due to injury but have Health status confirmed as fit to compete by the BCS Integrated Support Team (IST) at the time of nomination to the Selection Committee. The NBP-HPC may consider such factors as it deems appropriate, but shall consider the following:

- Past Seasons' performances at the Olympic Winter Games and World Championships;
- 2020-21 APE Score;

- 2020-21 Push Testing results (Ice House), including individual and team push times, push acceleration profiles and push speed profiles; and
- Current Season's ERS results.

For the avoidance of doubt, such exemption(s) shall be considered and, if approved, ratified by the Selection Committee.

b. NBP Push Standard

Have met their respective NBP Push Standard (Appendix B) at any of the *NBP Testing Opportunities* between April 1 of the current Season and the completion of the ERS of the current Season.

ii) SBT Nominations Priority - Pilots

Unless a written exemption is granted by the NBP-HPC in advance, only eligible Pilots who have previously competed on all of the tracks scheduled for the current Season's IBSF WC Circuit and World Championships may be nominated to the SBT.

(1) SBT Pre-Selection - Pilots:

A maximum of one (1) Pilot, per discipline, who have met the following performance results may be eligible for Pre-Selection to the SBT based on the following priority:

- a. 1st Place – 2020 World Championships
- b. 2nd Place – 2020 World Championships
- c. 3rd Place – 2020 World Championships
- d. 1st Overall – 2019-20 IBSF Ranking
- e. 2nd Overall – 2019-20 IBSF Ranking
- f. 3rd Overall – 2019-20 IBSF Ranking

Pilots eligible for Pre-Selection are required to confirm their health status as fit to compete through consultation with the BCS Integrated Support Team (IST) prior to the start of the ERS.

The NBP-HPC shall review and ratify Pre-Selection prior to the start of the ERS.

(2) SBT Nominations - Pilots:

In accordance with the WC quota places qualified by Canada as per section **2**), per discipline, the following eligible athletes shall be nominated to the Selection Committee:

- a. For each discipline in which BCS fills three (3) SBT Positions:
 - i. SBT Position 1 – designated to a Pilot eligible for Pre-Selection otherwise designated to the highest ranked Pilot based on ERS results;
 - ii. SBT Position 2 – if SBT Position 1 is designated to a Pilot through Pre-Selection, SBT Position 2 shall be designated to the highest ranked eligible Pilot based on ERS results, otherwise it shall be designated to the second highest ranked Pilot based on ERS results; and
 - iii. SBT Position 3 – designated by the NBP-HPC, at its sole discretion, to any Pilot at any time, otherwise if SBT Position 1 is designated to a Pilot through Pre-Selection, SBT Position 3 shall be designated to the second highest ranked eligible Pilot based on ERS results, otherwise it shall be designated to the third highest ranked Pilot based on ERS results.

- b. For each discipline in which BCS fills two (2) SBT Positions:
 - i. SBT Position 1 – designated to a Pilot eligible for Pre-Selection otherwise designated to the highest ranked eligible Pilot based on ERS results; and
 - ii. SBT Position 2 – designated by the NBP-HPC, at its sole discretion, to any Pilot at any time, otherwise if SBT Position 1 is designated to a Pilot through Pre-Selection, SBT Position 2 shall be designated to the highest ranked eligible Pilot based on ERS results, otherwise it shall be designated to the second highest ranked Pilot based on ERS results.
 - c. For each discipline in which BCS fills one (1) SBT Position:
 - i. SBT Position 1 – designated to a Pilot eligible for Pre-Selection, otherwise designated by the NBP-HPC, at its sole discretion, to any Pilot at any time, otherwise it shall be designated to the highest ranked Pilot based on ERS results.
- iii) SBT Nominations Priority - Crew:
- (1) SBT Nominations - Crew

Upon completion of the ERS, eligible athletes shall be nominated to the Selection Committee as Crew considering all relevant factors, including but not limited to the following:

 - a. Performance Score Rubric (Appendix C); and
 - b. Performance Indicators

The Performance Indicators shall include but are not be limited to the following:

 - i. 2020-21 APE Score;
 - ii. 2020-21 Push Testing results (Ice House), including individual and team push times, push acceleration profiles and push speed profiles;
 - iii. 2019-20 competitive season push performance analysis, including relative push times and relative push speeds;
 - iv. Competitive experience; and
 - v. Number of Crew required based on the number of Pilots nominated for selection to the SBT.
 - (2) SBT Nominations - Alternate Crew

Upon completion of the ERS, eligible athletes may be nominated to the Selection Committee as Alternate Crew considering all relevant factors, including those set out in section **3)B)iii)(1)**. Athletes nominated as Alternate Crew are not required to meet the NBP Push Standard as set out in section **3)B)i)(3)(b)**.

For the avoidance of doubt, the Performance Score Rubric and/or the Performance Indicators shall not be determinative in nominating athletes. Other factors may be taken into consideration, as appropriate in the circumstances, in determining nominations to the Selection Committee.

C) DEVELOPMENT BOBSLEIGH TEAM (DBT) SELECTION

The maximum number of Pilots that may be selected to the **DBT** is the number of Canadian NAC quota spots as set out in section **2)**. For the avoidance of doubt, BCS may select fewer athletes than the number of NAC quota spots.

The number of DBT Positions shall be determined at the sole discretion of the NBP-HPC, in consultation with such other BCS staff as may be appropriate, considering such factors as may be deemed appropriate, including but not limited to budget constraints, NBP strategies, World Championships and/or Olympic qualification, and other factors as applicable.

i) DBT Eligibility – Pilots & Crew:

In addition to meeting the eligibility requirements as per section **1A**), at the time of nomination, to be eligible for nomination for selection to the DBT, candidates must fulfill the following conditions:

- (1) execute the 2020-21 BCS Athlete Agreement;
- (2) be eligible to compete on the WC, NAC and/or EC, as appropriate, under the current IBSF rules;
- (3) not be nominated to the 2020-21 SBT;
- (4) have never been nominated as a Pilot to the Sport Canada AAP at the Senior International Level (SR1/SR2); and
- (5) Pilots must have met their respective NBP Push Standard at any of the *NBP Testing Opportunities* between April 1 of the current Season and the completion of the ERS of the current Season.

ii) DBT Nominations – Pilots:

In accordance with the NAC quota places qualified by Canada as per section **2**), per discipline, the following eligible athletes shall be nominated to the Selection Committee:

- (1) For each discipline in which BCS fills four (4) DBT Positions:
 - (a) DBT Position 1 – after all SBT Positions are filled, designated to the next highest ranked eligible Pilot based on ERS results;
 - (b) DBT Position 2 – after DBT Position 1 is filled, designated to the next highest ranked eligible Pilot based on ERS results;
 - (c) DBT Position 3 - designated by the NBP-HPC, at its sole discretion, to any eligible Pilot at any time, otherwise after DBT Position 2 is filled, designated to the next highest ranked eligible Pilot based on ERS results; and
 - (d) DBT Position 4 - designated by the NBP-HPC, at its sole discretion, to any eligible Pilot at any time, otherwise after DBT Position 3 is filled, designated to the next highest ranked eligible Pilot based on ERS results.
- (2) For each discipline in which BCS fills three (3) DBT Positions:
 - (a) DBT Position 1 – after all SBT Positions are filled, designated to the next highest ranked eligible Pilot based on ERS results;
 - (b) DBT Position 2 – designated by the NBP-HPC, at its sole discretion, to any eligible Pilot at any time, otherwise after DBT Position 1 is filled, designated to the next highest ranked eligible Pilot based on ERS results; and
 - (c) DBT Position 3 - designated by the NBP-HPC, at its sole discretion, to any eligible Pilot at any time, otherwise after DBT Position 2 is filled, designated to the next highest ranked eligible Pilot based on ERS results.
- (3) For each discipline in which BCS fills two (2) DBT Positions:
 - (a) DBT Position 1 – designated by the NBP-HPC, at its sole discretion, to any eligible Pilot at any time, otherwise after all SBT Positions are filled, designated to the next highest ranked eligible Pilot based on ERS results; and

- (b) DBT Position 2 – designated by the NBP-HPC, at its sole discretion, to any eligible Pilot at any time, otherwise after DBT Position 1 is filled, designated to the next highest ranked eligible Pilot based on ERS results.
- (4) For each discipline in which BCS fills one (1) DBT Position:
- (a) DBT Position 1 - designated by the NBP-HPC, at its sole discretion, to any eligible athlete at any time, otherwise after all SBT Positions are filled, designated to the next highest ranked eligible Pilot based on ERS results.

When using discretion to fill DBT Positions, the NBP-HPC may consider such factors as it deems appropriate, but shall consider the following:

- 2020-21 Push Testing results (Ice House), including individual and team push times, push acceleration profiles and push speed profiles;
- 2020-21 APE Score;
- Current Season’s ERS results; and
- Past Season’s performances.

iii) DBT Nominations – Crew:

Upon completion of the ERS, eligible athletes shall be nominated to the Selection Committee as Crew considering all relevant factors, including but not limited to the following:

- (1) Performance Score Rubric (Appendix C); and
- (2) Performance Indicators as per section **3)B)iii)(1)(b)**.

For the avoidance of doubt, the Performance Score Rubric and/or the Performance Indicators shall not be determinative in nominating athletes. Other factors may be taken into consideration, as appropriate in the circumstances, in determining nominations to the Selection Committee.

D) NEXTGEN BOBSLEIGH PILOT (NGBP) DESIGNATION

The purpose of the **NGBP** designation is to identify those Pilots who have demonstrated the physical and/or bobsleigh specific physical abilities to succeed at the highest levels of the sport of bobsleigh within the NextGen program window i.e. by the 2026 Olympic Winter Games.

To that end, BCS may designate an unlimited number of candidates as NGBPs.

i) NGBP - Eligibility:

In addition to meeting the eligibility requirements as per section **1)A)** at the time of nomination, to be eligible for the NGBP designation, candidates must fulfill the following conditions:

- (1) unless a written exemption is granted by the HPD in advance, have participated in the ERS, if eligible and qualified to do so;
- (2) execute the 2020-21 BCS Athlete Agreement;
- (3) never have been nominated as a Pilot to the Sport Canada AAP at the Senior International Level (SR1/SR2);
- (4) have met their respective NBP Sprint Standard (Appendix B) at any of the *BCS Testing Opportunities* between April 1 of the current Season and the completion of the ERS of the current Season; and
- (5) have met their respective NGBP Age Requirement (Appendix B).

ii) NGBP - Individual Athlete Competition/Development Plan:

Those Pilots designated as NGBPs may from time to time, as appropriate, be provided Individual Athlete Competition/Development Plan(s) that may differ from the SBT and/or DBT programming.

The purpose of these Plans is to best develop and prepare NGBPs for podium results at the 2026 OWG. These plans may include competing at any of the current Season's WC, NAC and/or EC competitions, Canadian Championships and/or other strategic competition and/or training opportunities.

For the avoidance of doubt, athletes may be nominated and/or selected to any NBP team and concurrently be designated as a NGBP.

E) IBSF CIRCUIT QUOTA SPOT ALLOCATIONS

i) WORLD CUP (WC)

The designation of **WC** quota spot allocations are at the sole discretion of the NBP-HPC in consultation with such other BCS staff as may be appropriate, in accordance with the individual athletes' development and competition plans and in accordance with Position priority. Such development and competition plans will be made by NBP technical staff in consultation with the athlete and may be modified from time to time, in consultation with the athlete, taking into consideration factors, including but not limited to, changes to the IBSF competition calendar, the season and/or long term goals of the individual athlete and/or NBP program, Position Re-Allocation, competitive results, APE score, NGBP designation, injuries, quota spot strategies, unforeseen circumstances and/or such other factors as the NBP-HPC may deem relevant from time to time.

ii) NORTH AMERICAN CUP (NAC) / EUROPA CUP (EC)

The designation of **NAC** and **EC** quota spot allocations are at the sole discretion of the NBP-HPC in consultation with such other BCS staff as may be appropriate and designated on a per race basis. NAC and EC quotas will first be designated to BCS athletes.

Following designations to BCS athletes, if any quota spots remain BCS may designate such spots to PSO athletes in collaboration with the PSOs: British Columbia Bobsleigh and Skeleton Association (BCBSA), Alberta Bobsleigh Association (ABA), Ontario Bobsleigh & Skeleton Association (OBSA), Bobsleigh Skeleton Québec (BSQ).

For the avoidance of doubt, such allocations shall not be ratified by the Selection Committee.

Note: BCS, at its sole discretion, reserves the right to modify the number of quota spots filled on each of the circuits (WC, NAC, and/or EC) at any time throughout the competitive season including but not limited to not filling all quota spots on any circuit or in any competition at any time.

F) IN SEASON POSITION RE-ALLOCATION

BCS may also re-allocate designated Positions (SBT and DBT) and/or re-assign Pilots to different competition circuits (WC, NAC, and/or EC) at certain times in the competitive season. For avoidance of doubt, all competitive results may be taken into consideration for the purposes of In Season Re-Allocation.

G) POST-SELECTION ATHLETE ROTATION & REPLACEMENT

Following ratification of selection and throughout the competitive season, the NBP-HPC, as applicable, reserves the right, to rotate and/or replace Pilots and/or Crew including but not limited to:

- i) Changing and/or rotating Pilots and/or Crew (individually or as a team) between Pilots and/or circuits (WC, NAC and/or NAC);
- ii) Replacing individual Pilots on the SBT and/or DBT with other Eligible Pilots;
- iii) Replacing individual Crew on the SBT and/or DBT with other Eligible Crew;
- iv) Such other changes as may be appropriate from time to time.

Notes on the use of discretion to rotate and/or replace athletes

Any such rotation(s) and/or change(s) shall be made in keeping with the Purpose set out herein.

For clarity, the nature of the sport of bobsleigh frequently requires changes and/or rotations of Pilots and/or Crew in the regular conduct of training and/or competition for reasons of performance, injury, safety and/or other factors. Such changes and/or rotations are the responsibility of the NBP-HC for the SBT and NBP-HPM for the DBT, as applicable.

Time and/or circumstances permitting, rotation(s) and/or changes shall be made in consultation with and confirmed by the NBP-HPC.

H) UNFORSEEN CIRCUMSTANCES & USE OF DISCRETION

BCS shall consider using discretion in accordance with this NBP Selection Process & Criteria and/or in the event of circumstances such as but not limited to:

- i) Injury or long term sickness resulting in missed *NBP Testing Opportunities* and/or ERS Race(s) and/or IBSF Competitions and/or other events;
- ii) In the event of a tie that is not broken by section **1)C)i)(2)** or **1)D)** herein;
- iii) "Acts of God" - adverse weather conditions or other external factors resulting in modified or cancelled *BCS Testing Opportunities* and/or ERS Race(s);
- iv) "IBSF Rulings" - decisions made by the IBSF which impact the nations rankings or athlete results or qualification standards; and/or
- v) Such other circumstances and/or events that in the determination of the Selection Committee and/or HPD and/or NBP-HPC, as appropriate, warrants the use of discretion, as set out in section **3)** herein.

I) APPEALS - INTERNAL

Any dispute of the Selection Process may be dealt with through the BCS's Appeals Policy.

APPENDIX A – APE TABLES

Bobsleigh CANADA Skeleton
Athletic Performance Evaluation Table - Bobsleigh - Women

1RM Power Clean (kg)	3RM Front Squat (kg)	ELASTIC STRENGTH (15%)		SPEED (60%)						30-60m Fly (sec)		
		Standing Long (m)	30m (sec)	15m (sec)	30m (sec)	45m (sec)	60m (sec)	15-45m Fly (sec)				
115.0	100	3.00	3.90	100	3.90	100	7.15	100	3.30	100	3.25	100
112.5	99	2.97	3.81	99	3.81	99	7.16	99	3.31	99	3.26	99
110.0	98	2.94	3.72	98	3.72	98	7.17	98	3.32	98	3.27	98
107.5	97	2.91	3.63	97	3.63	97	7.18	97	3.33	97	3.28	97
105.0	96	2.88	3.54	96	3.54	96	7.19	96	3.34	96	3.29	96
102.5	95	2.85	3.45	95	3.45	95	7.20	95	3.35	95	3.30	95
100.0	94	2.82	3.36	94	3.36	94	7.21	94	3.36	94	3.31	94
97.5	93	2.79	3.27	93	3.27	93	7.22	93	3.37	93	3.32	93
95.0	92	2.76	3.18	92	3.18	92	7.23	92	3.38	92	3.33	92
92.5	91	2.73	3.09	91	3.09	91	7.24	91	3.39	91	3.34	91
90.0	90	2.70	3.00	90	3.00	90	7.25	90	3.40	90	3.35	90
87.5	89	2.68	2.91	89	2.91	89	7.26	89	3.41	89	3.36	89
85.0	88	2.65	2.82	88	2.82	88	7.27	88	3.42	88	3.37	88
82.5	87	2.62	2.73	87	2.73	87	7.28	87	3.43	87	3.38	87
80.0	86	2.60	2.64	86	2.64	86	7.29	86	3.44	86	3.39	86
77.5	85	2.57	2.55	85	2.55	85	7.30	85	3.45	85	3.40	85
75.0	84	2.56	2.46	84	2.46	84	7.31	84	3.46	84	3.41	84
72.5	83	2.56	2.37	83	2.37	83	7.32	83	3.47	83	3.42	83
70.0	82	2.54	2.28	82	2.28	82	7.33	82	3.48	82	3.43	82
67.5	81	2.52	2.19	81	2.19	81	7.34	81	3.49	81	3.44	81
65.0	80	2.50	2.10	80	2.10	80	7.35	80	3.50	80	3.45	80
62.5	79	2.48	2.01	79	2.01	79	7.36	79	3.51	79	3.46	79
60.0	78	2.46	1.92	78	1.92	78	7.37	78	3.52	78	3.47	78
57.5	77	2.44	1.83	77	1.83	77	7.38	77	3.53	77	3.48	77
55.0	76	2.42	1.74	76	1.74	76	7.39	76	3.54	76	3.49	76
52.5	75	2.40	1.65	75	1.65	75	7.40	75	3.55	75	3.50	75
50.0	74	2.38	1.56	74	1.56	74	7.41	74	3.56	74	3.51	74
47.5	73	2.36	1.47	73	1.47	73	7.42	73	3.57	73	3.52	73
45.0	72	2.34	1.38	72	1.38	72	7.43	72	3.58	72	3.53	72
42.5	71	2.32	1.29	71	1.29	71	7.44	71	3.59	71	3.54	71
40.0	70	2.30	1.20	70	1.20	70	7.45	70	3.60	70	3.55	70
37.5	69	2.28	1.11	69	1.11	69	7.46	69	3.61	69	3.56	69
35.0	68	2.26	1.02	68	1.02	68	7.47	68	3.62	68	3.57	68
32.5	67	2.24	0.93	67	0.93	67	7.48	67	3.63	67	3.58	67
30.0	66	2.22	0.84	66	0.84	66	7.49	66	3.64	66	3.59	66
27.5	65	2.20	0.75	65	0.75	65	7.50	65	3.65	65	3.60	65

Bobsleigh CANADA Skeleton
Athletic Performance Evaluation Table - Bobsleigh - Men

1RM Power Clean (kg)	3RM Front Squat (kg)	ELASTIC STRENGTH (15%)		SPEED (60%)						30-60m Fly (sec)		
		Standing Long (m)	30m (sec)	15m (sec)	30m (sec)	45m (sec)	60m (sec)	15-45m Fly (sec)				
175.0	200.0	3.35	3.55	100	3.55	100	6.40	100	2.90	100	2.85	100
172.5	199	3.32	3.46	99	3.46	99	6.41	99	2.91	99	2.86	99
170.0	198	3.29	3.37	98	3.37	98	6.42	98	2.92	98	2.87	98
167.5	197	3.26	3.28	97	3.28	97	6.43	97	2.93	97	2.88	97
165.0	196	3.23	3.19	96	3.19	96	6.44	96	2.94	96	2.89	96
162.5	195	3.20	3.10	95	3.10	95	6.45	95	2.95	95	2.90	95
160.0	194	3.17	3.01	94	3.01	94	6.46	94	2.96	94	2.91	94
157.5	193	3.14	2.92	93	2.92	93	6.47	93	2.97	93	2.92	93
155.0	192	3.11	2.83	92	2.83	92	6.48	92	2.98	92	2.93	92
152.5	191	3.08	2.74	91	2.74	91	6.49	91	2.99	91	2.94	91
150.0	190	3.05	2.65	90	2.65	90	6.50	90	3.00	90	2.95	90
147.5	189	3.02	2.56	89	2.56	89	6.51	89	3.01	89	2.96	89
145.0	188	3.00	2.47	88	2.47	88	6.52	88	3.02	88	2.97	88
142.5	187	2.97	2.38	87	2.38	87	6.53	87	3.03	87	2.98	87
140.0	186	2.94	2.29	86	2.29	86	6.54	86	3.04	86	2.99	86
137.5	185	2.91	2.20	85	2.20	85	6.55	85	3.05	85	3.00	85
135.0	184	2.88	2.11	84	2.11	84	6.56	84	3.06	84	3.01	84
132.5	183	2.85	2.02	83	2.02	83	6.57	83	3.07	83	3.02	83
130.0	182	2.82	1.93	82	1.93	82	6.58	82	3.08	82	3.03	82
127.5	181	2.79	1.84	81	1.84	81	6.59	81	3.09	81	3.04	81
125.0	180	2.76	1.75	80	1.75	80	6.60	80	3.10	80	3.05	80
122.5	179	2.73	1.66	79	1.66	79	6.61	79	3.11	79	3.06	79
120.0	178	2.70	1.57	78	1.57	78	6.62	78	3.12	78	3.07	78
117.5	177	2.67	1.48	77	1.48	77	6.63	77	3.13	77	3.08	77
115.0	176	2.64	1.39	76	1.39	76	6.64	76	3.14	76	3.09	76
112.5	175	2.61	1.30	75	1.30	75	6.65	75	3.15	75	3.10	75
110.0	174	2.58	1.21	74	1.21	74	6.66	74	3.16	74	3.11	74
107.5	173	2.55	1.12	73	1.12	73	6.67	73	3.17	73	3.12	73
105.0	172	2.52	1.03	72	1.03	72	6.68	72	3.18	72	3.13	72
102.5	171	2.49	0.94	71	0.94	71	6.69	71	3.19	71	3.14	71
100.0	170	2.46	0.85	70	0.85	70	6.70	70	3.20	70	3.15	70
97.5	169	2.43	0.76	69	0.76	69	6.71	69	3.21	69	3.16	69
95.0	168	2.40	0.67	68	0.67	68	6.72	68	3.22	68	3.17	68
92.5	167	2.37	0.58	67	0.58	67	6.73	67	3.23	67	3.18	67
90.0	166	2.34	0.49	66	0.49	66	6.74	66	3.24	66	3.19	66
87.5	165	2.31	0.40	65	0.40	65	6.75	65	3.25	65	3.20	65

APPENDIX B – NBP STANDARDS TABLES

NBP Push Standard - Pilots		NBP Push Standard - Crew	
Men:	≤ 5.20 sec	Men:	≤ 5.15 sec
Women:	≤ 5.60 sec	Women:	≤ 5.55 sec

NBP Sprint Standard (30m sprint)	
Men:	≤ 3.90 sec
Women:	≤ 4.20 sec

NBP Age Requirement	
Men:	Born in 1990 or later
Women:	Born in 1993 or later

APPENDIX C – PERFORMANCE SCORE RUBRIC

PERFORMANCE SCORE RUBRIC
<p>1. QUANTITATIVE SCORE - MAX 12 POINTS (80% Weighting)</p> <p>A: APE Points / 100 <i>Refer to Appendix A</i></p> <p>B: Previous Results <i>1 point = 2 or more WC top 3 performances during the most recent Season</i> <i>2 points = top 8 performance at the most recent World Championships</i></p>
<p>2. QUALITATIVE SCORE - MAX 8 POINTS (20% Weighting)</p> <p>The Athlete's demonstrated:</p> <p>A: Commitment to BCS programs</p> <p>B: Ability to take personal responsibility for self and their results</p> <p>C: Ability to work within a team structure</p> <p>D: Understanding and respect for the position on a Canadian National Team</p> <p>E: Willingness to promote BCS in a positive manner</p> <p>F: Contribution towards a positive daily training/competition environment</p> <p>G: Respect towards BCS coaches, staff & volunteers</p> <p>H: Respect towards fellow teammates</p> <p><i>Scoring:</i> <i>1 = Ideal</i> <i>0 = Needs Improvement</i> <i>-1 = Unacceptable or nonexistent</i></p>
<p>PERFORMANCE SCORE = $((1A+1B)*4/3) + ((SUM(2A:2H))*1/2)$</p>