National Bobsleigh Program Carding Criteria

For nominating National Bobsleigh Program (NBP) athletes to the Sport Canada Athlete Assistance Program (AAP) for the 2027-28 Carding Cycle

Preamble

The Athlete Assistance Program (AAP) is a federal government grant program that provides direct financial assistance to Canadian high-performance athletes and is one of three Sport Canada programs (Funding-Sport) designed to assist in the development of high-performance sport.

The AAP contributes toward improved Canadian performances at major international sporting events such as the Olympic/Paralympic Games and World Championships.

The AAP recognizes the commitment that athletes make to the National Team training and competitive programs provided by their NSO and seeks to relieve some of the financial pressures associated with preparing for, and participating in, international sport. The AAP financial assistance provides support to athletes in the form of a living and training allowance, plus tuition and supplementary AAP support.

The living and training allowance is intended to offset some, but not all, of the living and training expenses athletes incur as a result of their involvement in high-performance sport, while tuition support is intended to help athletes obtain a post-secondary level education. The AAP is the only Sport Canada program that provides direct financial support to athletes.

Eligible athletes who are approved for funding and are financially supported through the AAP are referred to as carded athletes. AAP support is also known as carding.

1. Overview & Information

1.1. Carding Types and Levels

Senior International Cards (SR1/SR2)

Senior International Cards are funding for athletes who achieve the Senior International Performance Standards (SIPS), as set out by Sport Canada, at a Major Championship (as defined in Section 1.6). The current SIPS are:

1.1.1. finish in the top 8 (eight), counting a maximum of 3 (three) entries per country; and

1.1.2. finish in the top half of the field.

Senior National Cards (SR)

Senior National Cards are funding for athletes who demonstrate potential to achieve the SIPS.

Development Cards (D)

Development Cards are funding for younger and/or new athletes who demonstrate potential to achieve the SIPS but are not yet able to meet the Senior International Card or Senior National Card criteria.

In this document, "Senior Cards" means Senior International Cards (SR1/SR2) and Senior National Cards (SR). "C1" refers to a former Sport Canada Senior card level; for the purpose of counting

Years, a C1 card is treated as equivalent to an SR card, as set out in Section 5.2.2 of the Sport Canada AAP Policies and Procedures.

1.2. Monthly Living and Training Allowance(s)

Athletes nominated by the High Performance Director (HPD) and approved by Sport Canada will receive a monthly living and training allowance, as applicable, from Sport Canada according to carding status. This allowance is usually paid in advance every two months.

Carding Status	Monthly Allowance
Senior International Cards (SR1, SR2)	$2,300
Senior National Cards (SR)	$2,300
Development Cards (D)	$1,380

Table 1 — Monthly allowances

1.3. Only Olympic Program Disciplines Considered

Athletes in Olympic sports are eligible to be nominated for AAP support based on their participation and training for events that are on the Olympic program. Athletes in Olympic sports competing in World Championship events that are not on the Olympic program are not eligible for carding based strictly on performances in those events.

For the avoidance of doubt, only results from disciplines on the Olympic program are eligible for consideration for nominations to the Sport Canada AAP.

1.4. Definition of "Competed"

For the purposes of this BCS NBP AAP Carding Criteria, athletes are deemed to have competed if they were registered, entered and intended to compete, but were unable to complete the competition because the athlete:

1.4.1. was disqualified (DSQ) for any reason other than an anti-doping related infraction;

1.4.2. did not finish (DNF) because of a crash or other incident; or

1.4.3. did not start (DNS) for health, equipment or similarly related reasons.

For the avoidance of doubt, an athlete will not be deemed to have competed if the athlete did not start because the athlete refused to compete for a reason other than those set out above, or was removed from the competition by BCS because the athlete was not in good standing with BCS, for disciplinary reasons or for having breached BCS policies.

1.5. Process

The HPD is responsible for nominating eligible athletes to the AAP.

Sport Canada reviews all nominations put forward by the HPD and approves nominations in accordance with the Sport Canada AAP Policies and Procedures and this published and approved BCS NBP AAP Carding Criteria.

1.6. Definition of "Major Championships"

For the purposes of this BCS NBP AAP Carding Criteria, "Major Championships" means the World Championships (WCh) and the Olympic Winter Games (OWG).

2. NBP AAP Card Quota

The NBP AAP card quota is allocated by Sport Canada on the basis of a number of Senior Cards. For the 2027-28 Carding Cycle (July 1st, 2027 through June 30th, 2028), the NBP is allocated a quota of 19 Senior Cards, equivalent to a maximum monetary value of $524,400. Eligible athletes are nominated for Senior International, Senior National and/or Development Cards in accordance with this BCS NBP AAP Carding Criteria, up to the maximum monetary value of the NBP AAP card quota.

Sport Canada regularly reviews carding quota allocations for all sports; the NBP AAP card quota is therefore subject to change. If the quota differs from that set out in this document, the HPD will inform athletes as soon as possible.

3. NBP AAP Carding Cycle and Carding Phases

A "Carding Cycle" is the period July 1st to June 30th. Because of the nature and schedule of the sport of bobsleigh, BCS uses two Carding Phases within each Carding Cycle to nominate athletes to the Sport Canada AAP:

- Pre-Season Carding Phase: July 1st – October 31st; and
- In-Season Carding Phase: November 1st – June 30th.

The Carding Phases set when athletes are ranked and nominated:

- **Pre-Season Carding Phase:** nominations are limited to Senior Cards and to athletes who held a Senior Card in the immediately preceding Carding Cycle or competed at the Major Championship held during the immediately preceding Season, ranked on prior-season results (Competition Score), in accordance with Section 5.1. Development Cards are not nominated in the Pre-Season Carding Phase.
- **In-Season Carding Phase:** nominations at all card levels are made following the NBP Selection Process, ranked on the Competition Score and Selection Score, in accordance with Section 5.2.

An athlete who is nominated and approved in both Carding Phases is carded continuously for the full Carding Cycle (a twelve (12) month card). An athlete nominated in the Pre-Season Carding Phase who is not subsequently selected and nominated in the In-Season Carding Phase is carded for the Pre-Season Carding Phase only. An athlete first nominated in the In-Season Carding Phase is carded for the In-Season Carding Phase only.

An athlete is deemed to be carded for a "Year" if that athlete's nomination has been approved for funding and the athlete is financially supported through the AAP for four (4) months or more in any Carding Cycle.

4. Carding Eligibility

4.1. Athlete Eligibility

To be considered for nomination, and to maintain eligibility for AAP carding, athletes must at all material times be current National Bobsleigh Program athletes ("NBP Athletes"). To be an NBP Athlete, an athlete must, as of the Carding Cycle start date:

4.1.1. be a member in good standing of BCS with current National Team Athlete status, have a valid, fully executed BCS Athlete Agreement, be committed to a BCS-approved Individual Performance Plan (IPP), as applicable, have paid all outstanding fees owing to BCS, and meet such other associated obligations as apply from time to time;

4.1.2. unless the athlete has requested in writing, and the HPD has granted in advance, a written exemption, attend and fully participate in all portions of events, camps and/or competitions in the 2026-27 and 2027-28 Seasons to which the athlete was selected, including:

- NBP camps;
- NBP Daily Training Environments;
- Canadian Championships;
- International Competitions (Major Championships, World Cup, North American Cup and/or European Cup); and
- such other mandatory events as may be notified to the athlete in advance from time to time; and

4.1.3. be eligible:

- to compete for Canada at applicable international competitions under IBSF eligibility rules; and
- under Section 2.3 (Athlete Eligibility Requirements) of the Sport Canada AAP Policies and Procedures.

"Season" means the twelve (12) month period from April 1st to March 31st.

4.2. Maximum Eligibility Length

In order to maintain carding at the Senior National Card level (in any combination of SR and/or C1) and at the Development Card level, athletes are expected to improve each Season and eventually achieve the SIPS. An athlete may be carded at each of the Senior National Card level (in any combination of SR and/or C1) and the Development Card level, respectively, for a maximum of five (5) Years.

After the five (5) Year maximum, only athletes who demonstrate Season-to-Season improvement, as well as progression toward, and future potential to achieve, the SIPS, will be considered by BCS for further nomination to the AAP. Sport Canada will review such nominations and, in discussion with BCS, determine whether additional support at the relevant card level is warranted.

Note: to ensure equality of opportunity to demonstrate improvement, progression and potential, consideration will be given to athletes who miss significant portions of a Season or Major Championship for reasons set out in Section 6. In those cases, the five (5) Year maximum may be extended by up to one (1) additional Year at the sole discretion of BCS.

5. Carding Nomination Criteria

5.1. Pre-Season Carding Phase

Eligible NBP Athletes will be ranked by Carding Level Priority (Section 5.3) and by Competition Score (Appendix A), and nominated for Senior Cards up to the maximum monetary value of the NBP AAP card quota.

Pre-Season Carding Phase nominations take effect on the first day of the Carding Cycle. Eligible NBP Athletes will be ranked using results from the immediately preceding Season. BCS will notify each athlete of its Pre-Season nomination decision in writing before the start of the Pre-Season Carding Phase. Athletes must meet the eligibility requirements in Section 4 on the date of ranking and on the first day of the Carding Cycle.

Pre-Season eligibility. To be eligible for nomination in the Pre-Season Carding Phase, an athlete must, in addition to satisfying the eligibility requirements in Section 4:

(a) have held a Senior International Card (SR1/SR2) or Senior National Card (SR) in the immediately preceding Carding Cycle, or have competed (as defined in Section 1.4) at the Major Championship held during the immediately preceding Season, or be a returning athlete under Section 5.1.3.3; and

(b) maintain a training and competition program approved by BCS (Section 4.1.1) and meet the Daily Training Requirements set by the HPD. The HPD will communicate the Daily Training Requirements in writing to athletes no later than June 1st, 2027.

Cards nominated in the Pre-Season Carding Phase end on October 31st, 2027 and do not continue automatically. Continuation from November 1st, 2027 is determined in the In-Season Carding Phase under Section 5.2.

Senior International Cards

5.1.1. SR1 Cards: athletes who competed at the Major Championship held during the immediately preceding Season and achieved the SIPS are eligible for nomination at the SR1 level.

5.1.2. SR2 Cards: athletes who were SR1 carded in the immediately preceding Carding Cycle and do not qualify for a new SR1 Card under Section 5.1.1 are eligible for nomination at the SR2 level, whether or not they competed at the most recent Major Championship.

Senior National Cards

5.1.3. SR Cards: athletes who are not eligible for a Senior International Card are eligible for nomination at the SR level if they:

5.1.3.1. competed at the Major Championship held during the immediately preceding Season but did not achieve the SIPS;

5.1.3.2. did not compete at the Major Championship held during the immediately preceding Season and have, in prior Carding Cycles, been carded at the SR1, SR2, SR and/or C1 level, in any combination, for more than two (2) consecutive or non-consecutive Years within the last four (4) Carding Cycles; or

5.1.3.3. are returning to the NBP from self-directed time away, for personal or performance-related reasons (for example, retirement or injury), and were carded at the Senior International Card level at the time of their self-directed time away.

Development Cards

5.1.4. D Cards: Development Cards are not nominated in the Pre-Season Carding Phase. Athletes who are not eligible under Sections 5.1.1 to 5.1.3 may be considered for nomination in the In-Season Carding Phase under Section 5.2.

5.2. In-Season Carding Phase

Upon completion of the 2027-28 NBP Selection Process, eligible NBP Athletes who have been selected to the 2027-28 NBP will be ranked by Carding Level Priority (Section 5.3) and by the sum of the Competition Score and Selection Score (Appendix A), and nominated up to the maximum monetary value of the NBP AAP card quota. An athlete who was nominated in the Pre-Season Carding Phase and is selected and nominated in the In-Season Carding Phase is carded continuously for the full Carding Cycle.

Senior International Cards

5.2.1. SR1 Cards: athletes who are currently SR1 carded are eligible for nomination at the SR1 level.

5.2.2. SR2 Cards: athletes who are currently SR2 carded are eligible for nomination at the SR2 level.

Senior National Cards

5.2.3. SR Cards: athletes who are not eligible for a Senior International Card are eligible for nomination at the SR level if they:

5.2.3.1. were carded at the SR level in the Pre-Season Carding Phase of the current Carding Cycle;

5.2.3.2. have, in prior Carding Cycles, been carded at the SR1, SR2, SR and/or C1 level, in any combination, for more than two (2) consecutive or non-consecutive Years within the last four (4) Carding Cycles;

5.2.3.3. are returning to the NBP from self-directed time away, for personal or performance-related reasons (for example, retirement or injury), and were carded at the Senior International Card level at the time of their self-directed time away; or

5.2.3.4. are transferring to the NBP from another Olympic sport, were carded at the Senior International Card level in that sport for more than two (2) consecutive or non-consecutive Years within the last four (4) Carding Cycles, and are selected to the Senior Bobsleigh Team.

Development Cards

5.2.4. D Cards: athletes who are not eligible for a Senior International or Senior National Card are eligible for nomination at the D level if they:

5.2.4.1. have, in prior Carding Cycles, been carded at the SR1, SR2, SR and/or C1 level, in any combination, for two (2) or fewer consecutive or non-consecutive Years; or

5.2.4.2. are any other eligible NBP Athlete.

5.3. Ranking & Nominations

At the beginning of each Carding Phase, NBP Athletes eligible for nomination to the AAP will be ranked by Carding Level Priority (below) and then in accordance with the NBP AAP Ranking System (Appendix A). Nominations will be made in that order up to the maximum monetary value of the NBP AAP card quota set out in Section 2.

Carding Level Priority

- Priority 1 – Senior International Cards
- Priority 2 – Senior National Cards

- Priority 3 – Development Cards

Note: "Health" or "Injury" cards allocated under Section 6 are included in each of the Priority levels above. For example, a Senior National Card allocated under Section 6 is included in Priority 2.

5.4. Remaining Funds Following Ranking & Nominations

If, after nominations are complete in accordance with Section 5.3, there are remaining funds within the NBP AAP card quota, with the approval of Sport Canada, the remaining funds may be allocated to the top-ranked Development (D level) carded athlete(s) as additional months (to a maximum of twelve (12) months) within the In-Season Carding Phase. Remaining funds will not be used to create new cards. The decision to allocate the remaining funds will be at the discretion of the HPD, depending on factors including, but not limited to:

- the athlete's level of performance and ability to contribute to high-performance programming; and
- team size.

Example: six (6) carding months remain in the quota. The two top-ranked D carded athletes already have eight (8) months of funding each. The top-ranked athlete may receive four (4) additional months, bringing their total to twelve (12) months (the maximum). The second-ranked athlete may receive two (2) additional months, bringing their total to ten (10) months.

6. Illness, Injury or Pregnancy

The health provisions in this section are designed to support athletes who are unable to train and compete because of illness, injury or pregnancy, and to help them recover and return to full high-performance training and competition as soon as they are safely able.

Throughout the Carding Phase(s) for which they are carded, athletes must adhere to the competitive, training and administrative requirements specified by BCS and comply with the Medical & Injury provisions of the BCS Athlete Agreement, this BCS NBP AAP Carding Criteria and the Sport Canada AAP Policies and Procedures. Health card support under this Section 6 is contingent on the athlete's continued compliance with these requirements. Where the athlete does not meet them at any point during the Carding Cycle, BCS may recommend withdrawal of carded status under Section 7.2. An athlete who chooses to step away for health-related reasons may voluntarily withdraw under Section 7.1.

Notification and medical documentation (applies throughout this Section 6). An athlete who is, or expects to be, unable to maintain full training and competition commitments because of illness, injury or pregnancy must, as soon as reasonably possible after becoming aware and consistent with the BCS Athlete Agreement:

- notify the HPD in writing; and
- provide to the HPD and the BCS Team Physician a certificate from a qualified health professional stating: the date (or estimated date) the illness, injury or pregnancy was incurred or diagnosed; its nature (including, for an injury, whether it is acute, chronic or overuse); the recommended rehabilitation or management protocol; the amount and type of training the athlete may undertake, and any limitations, over the coming period; and the expected date of return to full training and full recovery.

The athlete must also follow an approved rehabilitation program and, where BCS reasonably requires it, undergo an independent medical evaluation, in each case in accordance with the BCS Athlete Agreement. The athlete must provide updated medical documentation on the timelines set out below and whenever their prognosis or expected date of return to full training and competition materially changes.

6.1. Short-term Curtailment of Training and Competition for Health-Related Reasons (4 months or fewer)

Carded athletes who are unable to maintain full training and competition commitments for four (4) months or fewer because of illness or injury will continue to receive 100 percent of the AAP financial support to which they would otherwise be entitled, on the condition that the athlete:

6.1.1. provides without delay, in writing from the athlete's physician, to the HPD and BCS Team Physician, a positive prognosis with an anticipated timeline for the athlete's return to full training and/or competition;

6.1.2. undertakes in writing to return to full high-performance training and competition at the earliest date possible following the illness or injury, including by providing a documented return-to-sport plan with a specific timeline, signed by both the athlete and their treating physician;

6.1.3. at all material times throughout the Carding Cycle, rehabilitates and/or trains under the supervision of BCS and/or its designate for the period during which the athlete is unable to fulfil the training and competition commitments described in the BCS Athlete Agreement; and

6.1.4. continues to engage actively with their documented return-to-sport plan.

6.2. Long-term Curtailment of Training and Competition for Health-Related Reasons (longer than 4 months)

Carded athletes who are unable to maintain full training and competition commitments for longer than four (4) months because of injury, illness or pregnancy will continue to receive 100 percent of the AAP financial support to which they would otherwise be entitled, provided the conditions in Section 9.1.2 (Long-term Curtailment of Training and Competition for Health-related Reasons) of the Sport Canada AAP Policies and Procedures are met. Those conditions require, among other things, a written undertaking to rehabilitate or train under BCS supervision (or that of its designate) toward the earliest possible return, a written intention to return to full high-performance training and competition at the earliest possible date, and a positive prognosis from the BCS Team Physician for a return to competition normally within 8 to 12 months.

In addition to, and consistent with, the conditions in Section 9.1.2, and except as provided for pregnancy in Section 6.4, a carded athlete on long-term health curtailment must:

6.2.1. maintain a documented return-to-sport plan, signed by the athlete and their treating physician, and provide an updated plan at least every two (2) months;

6.2.2. participate in scheduled check-ins with the HPD and/or the BCS Integrated Support Team on a monthly basis, or as otherwise scheduled by BCS; and

6.2.3. continue to engage actively with the return-to-sport plan.

6.3. Failure to Meet Renewal Criteria for Health-Related Reasons

A carded athlete who, at the end of the Carding Cycle or Carding Phase, as applicable, has not achieved the eligibility requirements for renewal of carding status because of strictly health-related reasons may be considered for re-nomination for the upcoming Carding Cycle or Carding Phase, as applicable, provided the conditions in Section 9.1.3 (Failure to Meet Renewal Criteria for Health-related Reasons) of the Sport Canada AAP Policies and Procedures are met.

6.4. Pregnancy

Health cards related to pregnancy are governed by Section 9.1.4 (Health Cards Related to Pregnancy) of the Sport Canada AAP Policies and Procedures. A pregnancy-related health card may be supported by AAP at the Senior Card level, over and above the NBP AAP card quota set out in Section 2, on a case-by-case basis and normally for up to two (2) Carding Cycles, where the athlete was tracking toward the carding criteria but was unable to meet them as a direct result of pregnancy.

The notification and documentation requirements set out at the beginning of this Section 6 apply. An athlete carded in relation to pregnancy is supported in accordance with Section 9.1.4 of the Sport Canada AAP Policies and Procedures.

7. Carding Withdrawal

7.1. Voluntary Withdrawal from the AAP or Declining AAP Support

The policy and procedures for voluntary withdrawal from the AAP or declining AAP support are described in Section 10 (Voluntary Withdrawal from the AAP or Declining AAP Support) of the Sport Canada AAP Policies and Procedures.

7.2. Withdrawal of Carded Status

Carded athletes may have their carded status withdrawn for:

- failure to meet training or competition commitments;
- violation of the BCS Athlete Agreement or other BCS policies;
- failure to meet athlete responsibilities set out in the Sport Canada AAP Policies and Procedures;
- gross breach of discipline;
- investigation for cause; or
- violation of anti-doping rules.

In most cases, BCS makes the recommendation that carded status be withdrawn; however, Sport Canada may also withdraw carded status without a recommendation from BCS. These situations are described in Section 11 (Withdrawal of Carded Status) of the Sport Canada AAP Policies and Procedures.

8. Notification and Appeal Process

BCS will notify each athlete considered for nomination, by email to the address the athlete has provided to BCS, of its nomination decision for each Carding Phase, and information on the appeal process.

Appeals of a BCS AAP nomination decision, or of a BCS recommendation to withdraw carding, may only be pursued through the BCS Appeals Policy, which provides for a further appeal to the Sport Dispute Resolution Centre of Canada (SDRCC) in accordance with the SDRCC Code.

Appeals of an AAP decision made under Section 6 (Application for and Approval of Cards) or Section 11 (Withdrawal of Carded Status) of the Sport Canada AAP Policies and Procedures may be pursued through Section 13 (Appeals Policy) of the Sport Canada AAP Policies and Procedures.

Appendix A – NBP AAP Ranking System

The NBP AAP Ranking System uses a Competition Score and, for the In-Season Carding Phase, a Selection Score to rank NBP Athletes within each Carding Level Priority for the purposes of nomination to the AAP.

1. Competition Score

The Competition Score is calculated from the athlete's 2026-27 Season results, using their Major Championship result and the points achieved in their highest single-scoring IBSF race, each adjusted relative to the competitive field by discipline, as set out in Table A1.

Adjusted Major Championship Relative Rank (A) is based on the athlete's result at the Major Championship relative to the competitive field, by discipline. The number of Major Championship competitors is the total number of athletes ranked in the race. If the athlete competed in more than one discipline at the Major Championship, the discipline giving the highest (A) score is used.

Adjusted Relative IBSF Highest Score (B) is based on the points achieved in the athlete's highest single-scoring IBSF race in the Season, relative to the number of athletes on the IBSF Overall ranking list for that discipline. The number of IBSF Overall competitors is the total number of athletes on the IBSF Overall ranking summary, by discipline, with a point total greater than zero.

The Competition Score (I) is the sum of A and B.

Component	Definition	Example
Major Championship rank	Final race rank achieved at the Major Championship	8th
Major Championship competitors	Number of athletes who received a rank at the Major Championship	30
Adjusted Major Championship Relative Rank (A)	1 – (rank ÷ competitors)	1 – (8 ÷ 30) = 0.77
IBSF highest score	Highest single-race IBSF points achieved by the close of the Season	225 points
IBSF Overall competitors	Number of athletes on the IBSF Overall ranking list, in the discipline of that race, with points > 0	82
Adjusted Relative IBSF Highest Score (B)	(IBSF highest score ÷ IBSF Overall competitors) ÷ 10	(225 ÷ 82) ÷ 10 = 0.27
Competition Score (I)	A + B	0.77 + 0.27 = 1.04

Table A1 — Competition Score

2. Selection Score

Points are assigned to each athlete, as set out in Table A2, for their Physical Performance Score (C) and the team to which they have been selected (Team Selection, D). The Selection Score (II) is the sum of C and D, divided by 10.

Physical Performance Score (C)	Team Selection (D)	Selection Score (II)
Per Appendix D	Senior Bobsleigh Team (SBT) = 2 points Development Bobsleigh Team (DBT) = 1 point All other athletes, including the Junior Bobsleigh Team (JBT) = 0 points	(C + D) ÷ 10

Table A2 — Selection Score

3. NBP AAP Ranking

Within each Carding Level Priority, athletes are ranked from the highest point total to the lowest (the "NBP AAP Ranking"):

(a) for Pre-Season Carding Phase nominations, by Competition Score (I); and

(b) for In-Season Carding Phase nominations, by the sum of Competition Score (I) and Selection Score (II).

A tie in the NBP AAP Ranking is broken by the athletes' most recent APE Score (Appendix B); the athlete with the higher APE Score ranks higher.

Appendix B – Athletic Performance Evaluation (APE) Tables

1. APE Table – Bobsleigh – Women

Power (40%): CMJ (20%), Loaded CMJ 25 kg (20%). **Speed (60%):** 30 m (20%), 45 m (20%), 15–45 m Fly (20%). Each test is worth up to 100 points on the 500-point APE Score.

Power — 40% of APE Score				Speed — 60% of APE Score					
CMJ (cm) 20%	Pts	Loaded CMJ 25 kg (cm) 20%	Pts	30 m (s) 20%	Pts	45 m (s) 20%	Pts	15–45 m Fly (s) 20%	Pts
55	100	45	100	3.90	100	5.55	100	3.30	100
54.25	99	44.25	99	3.91	99	5.56	99	3.31	99
53.5	98	43.5	98	3.92	98	5.57	98	3.32	98
52.75	97	42.75	97	3.93	97	5.58	97	3.33	97
52	96	42	96	3.94	96	5.59	96	3.34	96
51.25	95	41.25	95	3.95	95	5.60	95	3.35	95
50.5	94	40.5	94	3.96	94	5.61	94	3.36	94
49.75	93	39.75	93	3.97	93	5.62	93	3.37	93
49	92	39	92	3.98	92	5.63	92	3.38	92
48.25	91	38.25	91	3.99	91	5.64	91	3.39	91
47.5	90	37.5	90	4.00	90	5.65	90	3.40	90
46.75	89	36.75	89	4.01	89	5.66	89	3.41	89
46	88	36	88	4.02	88	5.67	88	3.42	88
45.25	87	35.25	87	4.03	87	5.68	87	3.43	87
44.5	86	34.5	86	4.04	86	5.69	86	3.44	86
43.75	85	33.75	85	4.05	85	5.70	85	3.45	85
43	84	33	84	4.06	84	5.71	84	3.46	84
42.25	83	32.25	83	4.07	83	5.72	83	3.47	83
41.5	82	31.5	82	4.08	82	5.73	82	3.48	82
40.75	81	30.75	81	4.09	81	5.74	81	3.49	81
40	80	30	80	4.10	80	5.75	80	3.50	80
39.25	79	29.25	79	4.11	79	5.76	79	3.51	79
38.5	78	28.5	78	4.12	78	5.77	78	3.52	78
37.75	77	27.75	77	4.13	77	5.78	77	3.53	77
37	76	27	76	4.14	76	5.79	76	3.54	76
36.25	75	26.25	75	4.15	75	5.80	75	3.55	75
35.5	74	25.5	74	4.16	74	5.81	74	3.56	74
34.75	73	24.75	73	4.17	73	5.82	73	3.57	73
34	72	24	72	4.18	72	5.83	72	3.58	72
33.25	71	23.25	71	4.19	71	5.84	71	3.59	71
32.5	70	22.5	70	4.20	70	5.85	70	3.60	70

Table B1 — APE points, women

2. APE Table – Bobsleigh – Men

Power (40%): CMJ (20%), Loaded CMJ 25 kg (20%). **Speed (60%):** 30 m (20%), 45 m (20%), 15–45 m Fly (20%). Each test is worth up to 100 points on the 500-point APE Score.

Power — 40% of APE Score				Speed — 60% of APE Score					
CMJ (cm) 20%	Pts	Loaded CMJ 25 kg (cm) 20%	Pts	30 m (s) 20%	Pts	45 m (s) 20%	Pts	15–45 m Fly (s) 20%	Pts
65	100	55	100	3.55	100	4.95	100	2.90	100
64.25	99	54.25	99	3.56	99	4.96	99	2.91	99
63.5	98	53.5	98	3.57	98	4.97	98	2.92	98
62.75	97	52.75	97	3.58	97	4.98	97	2.93	97
62	96	52	96	3.59	96	4.99	96	2.94	96
61.25	95	51.25	95	3.60	95	5.00	95	2.95	95
60.5	94	50.5	94	3.61	94	5.01	94	2.96	94
59.75	93	49.75	93	3.62	93	5.02	93	2.97	93
59	92	49	92	3.63	92	5.03	92	2.98	92
58.25	91	48.25	91	3.64	91	5.04	91	2.99	91
57.5	90	47.5	90	3.65	90	5.05	90	3.00	90
56.75	89	46.75	89	3.66	89	5.06	89	3.01	89
56	88	46	88	3.67	88	5.07	88	3.02	88
55.25	87	45.25	87	3.68	87	5.08	87	3.03	87
54.5	86	44.5	86	3.69	86	5.09	86	3.04	86
53.75	85	43.75	85	3.70	85	5.10	85	3.05	85
53	84	43	84	3.71	84	5.11	84	3.06	84
52.25	83	42.25	83	3.72	83	5.12	83	3.07	83
51.5	82	41.5	82	3.73	82	5.13	82	3.08	82
50.75	81	40.75	81	3.74	81	5.14	81	3.09	81
50	80	40	80	3.75	80	5.15	80	3.10	80
49.25	79	39.25	79	3.76	79	5.16	79	3.11	79
48.5	78	38.5	78	3.77	78	5.17	78	3.12	78
47.75	77	37.75	77	3.78	77	5.18	77	3.13	77
47	76	37	76	3.79	76	5.19	76	3.14	76
46.25	75	36.25	75	3.80	75	5.20	75	3.15	75
45.5	74	35.5	74	3.81	74	5.21	74	3.16	74
44.75	73	34.75	73	3.82	73	5.22	73	3.17	73
44	72	34	72	3.83	72	5.23	72	3.18	72
43.25	71	33.25	71	3.84	71	5.24	71	3.19	71
42.5	70	32.5	70	3.85	70	5.25	70	3.20	70
41.75	69	31.75	69	3.86	69	5.26	69	3.21	69
41	68	31	68	3.87	68	5.27	68	3.22	68
40.25	67	30.25	67	3.88	67	5.28	67	3.23	67
39.5	66	29.5	66	3.89	66	5.29	66	3.24	66
38.75	65	28.75	65	3.90	65	5.30	65	3.25	65

Table B2 — APE points, men

3. APE Score Calculation Example

	Women's Athlete A	Men's Athlete B
Power (P) – 40%	CMJ 55 cm = 100 pts Loaded CMJ 45 cm = 100 pts P = ((100 + 100) × 0.4) × (500 ÷ 200) = 200	CMJ 60.5 cm = 94 pts Loaded CMJ 50.5 cm = 94 pts P = ((94 + 94) × 0.4) × (500 ÷ 200) = 188
Speed (S) – 60%	30 m 3.97 s = 93 pts 45 m 5.61 s = 94 pts 15–45 m Fly 3.36 s = 94 pts S = ((93 + 94 + 94) × 0.6) × (500 ÷ 300) = 281	30 m 3.66 s = 89 pts 45 m 5.11 s = 84 pts 15–45 m Fly 3.01 s = 89 pts S = ((89 + 84 + 89) × 0.6) × (500 ÷ 300) = 262
APE Score (P + S)	200 + 281 = 482 points	188 + 262 = 451 points

Table B3 — APE Score example

Appendix C – NBP Standards Tables

1. NBP Push Standards (single push, ice house)

Each national-team tier has a binding Push Standard. Women pilots may achieve the Pilot Push Standard from either the pilot or the monobob position. Men test from the pilot bar position.

1.1. Pilot Push Standards

Tier	Men	Women	Monobob
Senior Bobsleigh Team (SBT)	≤ 5.20 s	≤ 5.60 s	≤ 5.70 s
Development Bobsleigh Team (DBT)	≤ 5.25 s	≤ 5.65 s	≤ 5.75 s
Junior Bobsleigh Team (JBT) – U26	≤ 5.35 s	≤ 5.75 s	≤ 5.85 s
Junior Bobsleigh Team (JBT) – U23	≤ 5.45 s	≤ 5.85 s	≤ 5.95 s

Table C1 — Pilot Push Standards

1.2. Crew Push Standards

Tier	Men	Women
Senior Bobsleigh Team (SBT)	≤ 5.10 s	≤ 5.50 s
Development Bobsleigh Team (DBT)	≤ 5.40 s	≤ 5.80 s

Table C2 — Crew Push Standards

For the Physical Performance Score (Appendix D), the Push Standard Differential is calculated against the Senior Bobsleigh Team (SBT) Push Standard for the athlete's discipline and gender/position, applied to all athletes regardless of the tier to which they are nominated. For a woman pilot who records results from both the pilot and monobob positions, the Push Standard Differential will be calculated for each position against the matching SBT Push Standard, and the better of the two will be used.

Appendix D – Physical Performance Score

The Physical Performance Score is calculated from the athlete's current Season physical (push and athletic) testing results as follows:

1. Push Standard Differential (A): the difference between the athlete's single best individual push testing result, recorded during Push Testing, and the SBT Push Standard for the athlete's discipline and gender/position (Appendix C), multiplied by 10. A positive value means the result was faster than the SBT Push Standard; a negative value means it was slower. For women pilots, the better of the pilot and monobob Push Standard Differentials will be used, as set out in Appendix C.

2. APE Score (B): calculated from the athlete's single best individual athletic testing results using the applicable APE table (Appendix B), divided by 100.

The Physical Performance Score is A + B. Table D1 gives example calculations.

Athlete	Push Standard Differential × 10 (A)	APE Score ÷ 100 (B)	Physical Performance Score (A + B)
Athlete A	+1.5	6.67	8.17
Athlete B	+1.8	6.12	7.92
Athlete C	+1.3	6.18	7.48
Athlete D	+0.9	5.87	6.77
Athlete E	+0.1	6.36	6.46
Athlete F	+0.7	5.54	6.24
Athlete G	+0.4	5.66	6.06
Athlete H	0.0	6.01	6.01
Athlete I	+0.1	5.67	5.77
Athlete J	-1.0	5.98	4.98
Athlete K	-0.3	4.89	4.59
Athlete L	-0.5	4.79	4.29
Athlete M	-1.7	4.37	2.67

Table D1 — Physical Performance Score examples