

Bobsleigh/Skeleton Canada modèle de développement d'athlètes et entraîneurs

Profil d'instruction

Profil de compétition

Athlètes élités

National Team & Elite Development
Olympic Games & World Cup
America's Cup

Coached by: Competition Elite Coaches in designated area of expertise – push, drive, slide.



Athlètes en développement

NorAms, America's Cup, Europa Cup

Coached by: Competition Development Coach. Entry coach apprentices with expert coaches in this context.



Débutant

Apprendre à piloter, pousser et glisser

Instruction by: Expert coaches/instructors in areas of "drive", "push" and "slide". Athletes are instructed by the most qualified individuals. Entry coaches may participate (as athletes) to learn additional skills.

