



**NATIONAL BOBSLEIGH PROGRAM  
2024-25 SELECTION PROCESS & CRITERIA**

**FOR SELECTING CANADIAN BOBSLEIGH ATHLETES TO THE  
NATIONAL BOBSLEIGH PROGRAM**

**FOR THE 2024-2025 SEASON**

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## PURPOSE

These Bobsleigh Canada Skeleton (BCS) National Bobsleigh Program (NBP) Selection Process & Criteria (SP&C) outlines the process & criteria by which athletes become eligible and are nominated for selection to the NBP Senior Bobsleigh Team (SBT), Development Bobsleigh Team (DBT) along with selection as a training partner in the Athlete Pool.

These NBP SP&C have been designed in alignment of BCS' Mission:

Bobsleigh CANADA Skeleton develops World and Olympic Champions.

Based on the latest information available and in keeping with BCS' Mission; fairness, equal opportunity and the desire to field high performing, competitive teams for international competition are the Guiding Principles of these NBP SP&C. In this context "competitive" means:

- For the SBT: achieving top 8 results at the World Championships (WCh) and Olympic Winter Games (OWG) during the current quadrennial; and
- For the DBT: showing progression during the current quadrennial towards achieving top 8 results at the WCh and OWG during the subsequent quadrennial.

During the specified NBP Qualification Period (NBP-QP), outlined in Section 3, BCS will employ a comprehensive selection process. This process will consider athletes' performance from the previous season, results from NBP Testing Opportunities (including athletic and/or icehouse push testing, as applicable), and the athletes' adherence to BCS values and the code of conduct outlined in the Athlete Agreement. Additionally, an On-Ice Evaluation Period (OIEP), which may feature an Evaluation Race Series (ERS) as detailed in Appendix A, will be included to finalize the NBP Selection Process.

## POLICY AUTHORITY AND QUESTIONS

To ensure consistency and clarity regarding these NBP SP&C any and all questions regarding these NBP SP&C, its interpretation or application, shall be directed to the High Performance Director (HPD) in writing via email.

## ATHLETE ACKNOWLEDGEMENT

By participating in the NBP Selection Process, Athletes accept and agree to be bound by these NBP SP&C and applicable BCS policies which can be found on the BCS website:

<https://www.bobsleighcanadaskelton.ca/en/>

# 1. DECISION MAKING AUTHORITY

## 1.1. RESPONSIBILITIES OF THE HPD

In addition to other responsibilities of the HPD as set out herein or otherwise, the HPD is responsible for:

- Collaborate with the High Performance Manager and Technical Coaching staff, on facilitating a review process and publishing these NBP SP&C;
- interpreting and applying these NBP SP&C;
- establishing and consulting with the HPC;
- confirming the number of IBSF quota spots qualified by BCS;
- considering the pool of NBP athletes with respect to eligibility, qualification, and nomination;
- nominating eligible athletes to the Selection Committee for review and ratification;
- discussing and reviewing with the Selection Committee the list of eligible athletes; and/or
- notifying the athletes of the confirmation of their nomination for selection to the NBP.

## 1.2. HIGH PERFORMANCE COMMITTEE (HPC)

### 1.2.1. Composition of the HPC

The HPC will be comprised of:

- High Performance Director (Chair);
- NBP High Performance Manager (HPM); and
- NBP Technical Coaches;

*Note: In keeping with the Purpose of these NBP SP&C, other technical staff and/or key personnel, as applicable, may be consulted from time to time and/or invited to participate in HPC meetings and if any named member is not available, the HPC may continue without the absent individual or a replacement may be designated by the HPD.*

### 1.2.2. Responsibilities of the HPC

The HPC is the sport technical body responsible for reviewing, evaluating, and discussing the relevant nomination factors to assist the HPD in making nominations to the Selection Committee. This includes but is not limited to the following:

- Reviewing the number of IBSF quota places qualified and allocated to BCS.

- Evaluating the pool of NBP athletes regarding eligibility, qualification, and consideration of nominations.
- Utilizing discretion, based on coaches' assessments, in accordance with these NBP SP&C.
- Reviewing athlete performance data and competition results.
- Setting and refining selection criteria and standards.
- Addressing disputes or conflicts arising during the nomination and selection process.
- Conducting regular meetings to discuss and document decisions.
- Reporting decisions to the HPD and relevant stakeholders.
- Collaborating with coaching and support staff for comprehensive athlete evaluations.

### 1.3. SELECTION COMMITTEE (SC)

#### 1.3.1. Composition of the SC

- A BCS Board Member (Chair);
- BCS Chief Executive Officer;
- The High Performance Director;
- The Athletes Representative - Skeleton; and
- An Independent participant.

*Note: In keeping with the Purpose of these NBP SP&C, at the sole discretion of the Chair:*

- *Best efforts will be made to ensure that each of the named individuals of the SC and named positions set out above are filled. If any named member or named position of the SC is not available, the Chair will make best efforts to identify an appropriate replacement SC member and only if that is not possible, the SC may continue without that individual/position;*
- *Additional members of the SC may be added from time to time, if appropriate; and*
- *Other technical staff and/or key personnel, as applicable, may be invited to participate in a portion of the SC's meeting(s) to provide information relevant to the NBP SP&C.*

#### 1.3.2. Responsibilities of the SC

The SC shall review these NBP SP&C, the nomination(s) of the HPD, any supporting

information presented by the HPD and/or such other information as the SC may deem appropriate, and make such enquiries of the HPD and/or invited persons (as specified herein), in order to review such nomination(s) and to ensure that the nomination(s) are in accordance with these NBP SP&C and ratify the nomination(s) for selection to the NBP.

## 2. IBSF PARTICIPATION QUOTA

For the 2024-25 season, BCS has qualified Bobsleigh IBSF participation quotas outlined in below. The supporting IBSF documentation can be found on the IBSF website here: [2024/2025 IBSF Quotas](#)

<b><u>IBSF CIRCUIT</u></b>	<b>Women's Monobob (WMB)</b>	<b>2-Woman Bobsleigh (2W)</b>	<b>2-Man Bobsleigh (2M)</b>	<b>4-Man Bobsleigh (4M)</b>
<b>World Cup (WC)</b>	3	3	3	3
<b>Europa Cup (EC)</b>	4	4	4	4
<b>North America Cup (NAC)</b>	4	4	4	4

## 3. QUALIFICATION PERIOD

The NBP SP&C Qualification Period (NBP-QP) shall be: July 1st, 2024 to Dec 31st, 2024.

## 4. ELIGIBILITY

### 4.1. GENERAL ELIGIBILITY

To be eligible for nomination to the NBP, at all times throughout the NBP Selection Process, candidates must fulfill the following conditions:

- 4.1.1.** If a candidate is:
- 4.1.1.1.** a National Team Athlete, be in good standing as such; or
  - 4.1.1.2.** if an Athlete is not a National Team Athlete but is a member of the candidate's respective PSO, be in good standing as such;
- 4.1.2.** unless a written exemption is requested by the Athlete which needs to include the Athletes name, detailed reason for the exemption, supporting documentation (e.g. medical certificates, personal statements, professional opinions, etc.), to, and granted by, the HPD in advance, have participated in and/or competed in all required events, camps and/or competitions in the 2022-23 and 2023-24 Seasons to which the athlete was selected to participate, including:
- 4.1.2.1.** NBP Camps;
  - 4.1.2.2.** Canadian Championships;
  - 4.1.2.3.** International & IBSF Competitions; and
  - 4.1.2.4.** Such other mandatory events as may be notified to the athlete from time to time in advance;
- 4.1.3.** have paid all outstanding fees owing to BCS;
- 4.1.4.** have a passport valid for a period of at least 6 months beyond the end of the current Season;
- 4.1.5.** meet the eligibility requirements to obtain a Canadian IBSF e-license;
- 4.1.6.** not have a current sanction imposed resulting from an anti-doping rule violation;
- 4.1.7.** have demonstrated, to the satisfaction of the HPC, on-ice sliding proficiency;
- 4.1.8.** be fully committed to a BCS approved Individual Performance/Progression Plan (IPP); and
- 4.1.9.** confirm their health status, if requested, to the satisfaction of the HPC, as Competitive Ready, as set out in section 8.

**Notes:**

- *Season' means the 12 month period from April 1st through March 31st annually.*
- *For the avoidance of doubt, to be a National Team Athlete in good standing with BCS, the candidate must be fulfilling all obligations of National Team Athlete status at all material times, including but not limited to having a valid fully executed BCS Athlete Agreement, committed to BCS or BCS approved programming, including but not limited to the athlete's IPP, paid all outstanding fees owing to BCS and fulfilling such other associated obligations from time to time.*

## **4.2. SBT SPECIFIC ELIGIBILITY – PILOTS**

In addition to meeting the eligibility requirements as set out in section 4.1., at the time of nomination to the SC, to be eligible for nomination for selection to the SBT, candidates who are Pilots must fulfill the following conditions:

#### **4.2.1. SBT PERFORMANCE STANDARD**

For the purposes of this NBP SP&C, candidates meet the SBT Performance Standard by having achieved in any of their respective events on the OWG Program (WMB, 2W, 2M, 4M), at the OWG or WCh contested in either of the previous 2 Seasons to the current Season the following:

- 4.2.1.1. Finish in the top 8 counting a maximum of 3 entries per country; and
- 4.2.1.2. Finish in the top half of the field.

SBT Performance Standard exemptions may be considered on a case-by-case basis for candidates who have not met the SBT Performance Standard due to injury, illness or pregnancy, but have had their health status confirmed as Competitive Ready for the current Season as set out in section 8.. Such exemption(s) will be made at the discretion of the HPD, in accordance with these NBP SP&C, following consultation with the HPC.

#### **4.2.2. TRACK EXPERIENCE**

Candidates must:

- 4.2.2.1. be eligible to compete on the IBSF World Cup (WC) circuit under the current IBSF rules; and
- 4.2.2.2. have previously competed on all of the tracks scheduled for the current Season's IBSF WC circuit. Exemptions to this requirement may be granted at the discretion of the HPD in accordance with these NBP SP&C, following consultation with the HPC.

#### **4.3. DBT SPECIFIC ELIGIBILITY – PILOTS**

In addition to meeting the eligibility requirements as set out in **section 4.1.**, at the time of nomination to the SC, to be eligible for nomination for selection to the DBT, candidates who are Pilots must fulfill the following conditions:

- 4.3.1.** Not be nominated to the 2024-25 Senior Bobsleigh Team (SBT) or designated as a 2024-25 Athlete within the Athlete Pool.
- 4.3.2.** never have been nominated to the Sport Canada AAP at the Senior International Level (SR1/SR2) earned by competing as a Pilot;
- 4.3.3.** have met, at any of the NBP Testing Opportunities scheduled during the NBP-QP, the applicable NextGen Bobsleigh Pilot (NGBP) Push Standard, according to **Table 2 of Appendix E;**
- 4.3.4.** meet the applicable NGBP Age Threshold, according to Table 4 of Appendix E; and

**4.3.5.** have demonstrated during the NBP-QP, to the satisfaction of the HPC through coach's assessment, on-ice driving competency.

To illustrate how driving competency will be assessed moving forward, consider the following example:

**4.3.5.1** A pilot has exceeded an average score of "3" on the Technical, & Tactical categories of the Gold Medal Profile

**4.3.5.2** This pilot's rankings and race results would be reviewed to ensure they are in with athlete developmental pathway

#### 4.4. (ATHLETE POOL) SPECIFIC ELIGIBILITY – PILOTS

In addition to meeting the eligibility requirements as set out in **section 4.1.**, at the time of nomination to the SC, to be eligible for nomination for selection as a member of the Athlete Pool, candidates who are Pilots must fulfill the following conditions:

4.4.1. not be nominated to the 2024-25 SBT or DBT;

4.4.2 has demonstrated the potential to meet and/or exceed the DBT and SBT physical thresholds and standards

## 5. NBP SELECTION PROCESS & CRITERIA

Upon completion of the OIEP and by no later than the completion of the NBP-QP, and in accordance with the responsibilities set out in these NBP SP&C, the HPD shall, following consultation with the HPC, nominate eligible athletes to the SC for selection to the NBP.

For the avoidance of doubt, the HPD may nominate some or all of the eligible athletes to the SC for selection to the NBP prior to the completion of the NBP-QP.

Pilot Position Priority is as follows:

Priority 1: SBT Pilots – Position 1, Position 2, ... maximum

Priority 2: DBT Pilots – Position 1, Position 2, ... maximum

Priority 3: Athlete Pool Pilots – Position 1, Position 2, ... maximum.



## 5.1. SENIOR BOBSLEIGH TEAM (SBT) NOMINATIONS

### 5.1.1. SBT PILOT NOMINATIONS

#### 5.1.1.1. Maximum Number of SBT Pilots

The maximum number of Pilots that may be selected to the SBT and designated an SBT Position is the number of Canadian WC quota spots, per discipline, as set out in **section 2**.

*BCS may select fewer Pilots than the maximum or an additional 1 Pilot above the maximum. The number of SBT Pilot Positions to be filled shall be determined at the discretion of the HPD, in accordance with these NBP SP&C, considering such factors as may be deemed appropriate, including but not limited to budget constraints, NBP strategies, World Championships and/or Olympic qualification, missed competitions due to injury, illness or pregnancy and other factors, as Applicable.*

#### 5.1.1.2. SBT Pre-Selection - Pilots:

A maximum of one (1) eligible Pilot, per discipline, who have met the following performance results may be eligible for Pre-Selection to the SBT based on the following priority:

- (i) 1st Place – 2024 World Championships
- (ii) 2nd Place – 2024 World Championships
- (iii) 3rd Place – 2024 World Championships
- (iv) 1st Overall – 2023-24 IBSF WC Ranking
- (v) 2nd Overall – 2023-24 IBSF WC Ranking
- (vi) 3rd Overall – 2023-24 IBSF WC Ranking

In the event of a tie in any of the above priorities, it shall be broken by the athlete's respective discipline IBSF WC combined ranking (Bobsleigh Combined Men or Bobsleigh Combined Women). The athlete with the higher IBSF WC combined ranking will be deemed to be the athlete of higher priority.

Pilots eligible for Pre-Selection are required to demonstrate physical and competitive readiness through NBP physical and push evaluations, prior to the start of the OIEP confirmed, to the satisfaction of the HPC, as Competitive Ready, as set out in **section 8**., prior to the start of the OIEP.

#### 5.1.1.3. SBT Nominations - Pilots:

Eligible athletes shall be nominated by the HPD to the SC as SBT Pilots according to **Table 1 of Appendix B**.

## 5.1.2. SBT CREW NOMINATIONS

### 5.1.2.1. Maximum Number of SBT Crew

The maximum number of Crew that may be selected to the SBT is at the discretion of the HPD, in consultation with the HPC through evaluation of the GMP (Appendix F), and coaching assessments, in accordance with these NBP SP&C.

### 5.1.2.2. SBT Nominations - Crew

Eligible athletes shall be nominated at the discretion of the HPD, in consultation with the HPC, in accordance with these NBP SP&C, to the SC as SBT Crew.

## 5.2. DEVELOPMENT BOBSLEIGH TEAM (DBT) NOMINATIONS

### 5.2.1. DBT PILOT NOMINATIONS

#### 5.2.1.1. Maximum Number of DBT Pilots

The maximum number of Pilots that may be selected to the DBT and designated an DBT Position, is the number of Canadian NAC quota spots, per discipline, as set out in **section 2**.

BCS may select fewer Pilots than the maximum. The number of DBT Pilot Positions to be filled shall be determined at the discretion of the HPD, in accordance with these NBP SP&C, considering such factors as may be deemed appropriate, including but not limited to budget constraints, NBP strategies, World Championships and/or Olympic qualification and other factors, as applicable.

#### 5.2.1.2. DBT Nominations - Pilots

Eligible athletes shall be nominated at the discretion of the HPD, in consultation with the HPC, in accordance with these NBP SP&C, to the SC as DBT Pilots.

*The number of DBT Pilot Positions to be filled shall be determined at the discretion of the HPD, in accordance with these NBP SP&C, considering such factors as may be deemed appropriate, including but not limited to budget constraints, NBP strategies, World Championships and/or Olympic qualification, missed competitions due to injury, illness or pregnancy and other factors, as Applicable.*

### 5.2.2. DBT CREW NOMINATIONS

#### 5.2.2.1. Maximum Number of DBT Crew

The maximum number of Crew that may be selected to the DBT is at the discretion of the HPD, in consultation with the HPC, through evaluation of the GMP (Appendix F), and coaching assessments in accordance with these NBP SP&C.

#### 5.2.2.2. DBT Nominations - Crew

Eligible athletes shall be nominated at the discretion of the HPD, in consultation with the HPC, in accordance with these NBP SP&C, to the SC as DBT Crew.

### **5.3. ATHLETE POOL NOMINATIONS**

The Athlete Pool serves as a development tier within the BCS structure, providing a pathway for athletes (Training partners), who who have not demonstrated the physical, psychological, technical or tactical competencies to be named to the Senior Bobsleigh Team (SBT) or Development Bobsleigh Team (DBT) but demonstrate potential for future inclusion. The Athlete Pool also acts as an entry point for new athletes to the sport, allowing them to develop their sport-specific skills and gain on-ice experience. Training Partners in the Athlete Pool are not considered part of the National Team but may be called up to participate in National Team events under specific circumstances.

#### **5.3.1. ATHLETE POOL PILOT NOMINATIONS**

##### **5.3.1.1. Maximum Number of Athlete Pool Pilots**

The maximum number of Pilots that may be selected as Athlete Pool Athletes is at the discretion of the HPD, in consultation with the HPC, through evaluation of the GMP, coaching assessments in line with the athlete pathway in accordance with these NBP SP&C.

BCS may select fewer Pilots than the maximum. The number of Athlete Pool Pilot positions to be filled shall be determined at the discretion of the HPD, in accordance with these NBP SP&C, taking into account factors such as budget constraints, NBP strategies, World Championships, Olympic qualification considerations, and other relevant factors.

##### **5.3.1.2. Athlete Pool Nominations - Pilots**

Eligible athletes shall be nominated at the discretion of the HPD, in consultation with the HPC, in accordance with these NBP SP&C, to the SC as Project Athletes. Pilots in the Athlete Pool are expected to continue their development and may be called up to the DBT or SBT based on performance or unforeseen circumstances such as injuries or illnesses within the National Teams.

#### **5.3.2. ATHLETE POOL CREW NOMINATIONS**

##### **5.3.2.1. Maximum Number of Athlete Pool Crew**

The maximum number of Crew that may be selected as Athlete Pool Athletes is at the discretion of the HPD, in consultation with the HPC, in accordance with these NBP SP&C.

#### 5.3.2.2. **Athlete Pool Nominations – Crew**

Eligible athletes shall be nominated at the discretion of the HPD, in consultation with the HPC, in accordance with these NBP SP&C, to the SC as DBT Crew. Crew members in the Athlete Pool are also subject to potential call-up to the DBT or SBT based on performance or team needs which may or may not be a permanent change for the remainder of the season.

#### 5.3.3. **ATHLETE POOL STATUS AND MOBILITY**

Athlete Pool members are not officially part of the National Team but may be integrated into National Team events if necessary due to injury, illness, or performance-related reasons. Should an Athlete Pool member be called up to participate in National Team competitions, they will be subject to National Team fee structures. Relocation of Athlete Pool athletes will only be considered if it is deemed beneficial for both the athlete's development and the NBP program's objectives.

### 5.4. FINAL SELECTION PROCESS

#### 5.4.1. **REVIEW & RATIFICATION BY THE SC**

Following the nomination(s) from the HPD, the SC will convene, review and ratify the nomination(s) for selection to the NBP in accordance with its responsibilities as set out in these NBP SP&C.

If for any reason, the SC does not ratify the nomination(s), the SC shall return the matter to the HPD for reconsideration and re-nomination to the SC for ratification.

For the avoidance of doubt, the HPD may amend the nomination(s) with or without consultations of the HPC, throughout the review process until such time as the nomination(s) are ratified by the SC.

#### 5.4.2. **SELECTION CONFIRMATION**

Following ratification of the nomination(s), eligible athletes must complete the following in order to confirm their selection to the NBP and extend or acquire (as applicable) National Team Athlete status:

5.4.2.1. have a valid fully executed BCS Athlete Agreement (Term ending Jun 30, 2025);

5.4.2.2. commit to BCS or BCS approved programming, including but not limited to an IPP, as applicable;

5.4.2.3. complete all necessary administrative, medical documents and other

forms as required from time to time;

5.4.2.4. pay the NBP Athlete Program Fee, the NBP Athlete Insurance Fee and all other outstanding fees owing to BCS; and

5.4.2.5. fulfill all such other obligations as may be required from time to time.

For the avoidance of doubt, a candidate is not “named” or “selected” to the NBP and does not acquire National Team Athlete status until such time as the requirements in this **section 5.4.2** are completed.

### **5.4.3 Deselection Criteria**

- Performance: Failure to meet performance benchmarks or a decline in performance may result in deselection.
- Conduct: Breach of the Athlete Agreement or violations of BCS policies, including the Code of Conduct and anti-doping regulations, may lead to deselection.
- Injury/Illness: Long-term injury or illness preventing training and competition commitments and/or preventing the athlete from achieving competitive readiness may result in deselection after a review process by the HPC and the BCS medical team.

## **6. POST SELECTION IBSF CIRCUIT QUOTA SPOT ALLOCATIONS & REALLOCATIONS & ATHLETE ROTATION & REPLACEMENT**

### 6.1. IBSF CIRCUIT QUOTA SPOT ALLOCATIONS

#### **6.1.1. WORLD CUP (WC), NORTH AMERICAN CUP (NAC) & EUROPA CUP (EC)**

The designation of WC, NAC and EC quota spot allocations are at the discretion of the HPD, in consultation with the HPC and such other BCS staff as may be appropriate, in accordance with the individual athletes' training and competition plans and in accordance with Pilot Position priority. Such training and competition plans will be made and/or modified by the HPC, in consultation with the athlete,

taking into consideration factors, including but not limited to the season and/or long term goals of the individual athlete and/or NBP strategies, competitive results, changes to the IBSF competition calendar, injuries, illness or pregnancy, quota spot strategies, Competitive Readiness, unforeseen circumstances and/or such other factors as the HPC may deem relevant from time to time.

WC, NAC and/or EC quota spot allocations may be re-designated at certain times in the competitive season based on the current Season's NBP strategies.

Following designations to SBT and DBT athletes, if any quota spots remain BCS may designate such spots to Athlete Pool athletes deemed ready for competition based on GMP Technical and Tactical score and coaches assessment, provincial athletes in collaboration with the PSOs: British Columbia Bobsleigh and Skeleton Association (BCBSA), Alberta Bobsleigh Association (ABA), Ontario Bobsleigh & Skeleton Association (OBSA), Bobsleigh Skeleton Québec (BSQ).

For the avoidance of doubt, quota spot allocations shall not be ratified by the SC.

*Note: BCS, at its sole discretion, reserves the right to modify the number of quota spots filled on each of the circuits (WC, NAC, and/or EC) at any time throughout the competitive season including but not limited to not filling all quota spots on any circuit or in any competition at any time.*

## 6.2. ATHLETE ROTATION & REPLACEMENT

Following ratification of selection and throughout the competitive season, the HPD, in consultation with the HPC, reserves the right to rotate and/or replace Pilots and/or Crew including but not limited to:

- 6.2.1. Replacing individual Pilots on the SBT and/or DBT with other eligible Pilots;
- 6.2.2. Replacing individual Crew on the SBT and/or DBT with other eligible Crew; and
- 6.2.3. DBT teams and athletes competing in the NAC to WC if quota spots are available
- 6.2.4. Such other changes may be appropriate from time to time.

In addition, there will be a formal review of teams and individual performances at the halfway point of the season (November 10th - 17th, 2024) and prior to the World Championships (February 16th - 23rd, 2025). While changes can be made as per the section above, this formal review process is designed to provide transparency and clarity to athletes regarding potential team changes during these critical periods.

The performance review will consider various factors, including:

- Size and strength of the field
- Percent back from the leader
- Push differential
- Other technical and tactical parameters
- Behavioral observations and adherence to team values and expectations
- Physical and psychological readiness based on the GMP

Athletes will only be considered for reallocation if the HPC believes it is in the best interest of their long-term development and the NBP.

*Note: Rotation(s) and/or change(s) shall be made in keeping with the Purpose and Guiding Principles set out herein. The nature of the sport of bobsleigh frequently requires changes and/or rotations of Pilots and/or Crew in the regular conduct of training and/or competition for reasons of performance, injury, safety and/or other factors.*

## **7. UNFORESEEN CIRCUMSTANCES & USE OF DISCRETION**

### **7.1. CIRCUMSTANCES**

In addition to the specific circumstances outlined in these NBP SP&C, there may be instances where it is appropriate for BCS to exercise discretion. The decision to use discretion, and the manner in which it is applied, will be guided by the Purpose and Guiding Principles set forth herein. Discretion may be considered in the following non-exhaustive circumstances:

**7.1.1. Injury, Illness, and/or Pregnancy:** Resulting in missed NBP Testing Opportunities, ERS Race(s), IBSF Competitions, and/or other events.

**7.1.2. Tiebreakers:** In the event of a tie that cannot be resolved through standard procedures.

**7.1.3. Acts of God:** Adverse weather conditions or other external factors resulting in modified or canceled NBP Testing Opportunities, ERS Race(s), and/or other events.

**7.1.4. IBSF Rulings:** Decisions made by the IBSF that impact nation rankings, athlete results, and/or qualification standards.

**7.1.5. Other Circumstances:** Any other situations or events that, in the judgment of the SC, HPD, and/or HPC, warrant the use of discretion as set out in these NBP SP&C. In such cases,

decisions will align with the Purpose and Guiding Principles, ensuring transparency, fairness, and adherence to the team's core values.

## 7.2. FACTORS TO BE CONSIDERED

When BCS exercises discretion, the SC, HPD, and/or HPC may evaluate all relevant factors, including but not limited to the following:

- **Physical Performance Score:** Refer to Appendix D.
- **Performance Indicators:** This includes:
  - Athletic Testing/APE results
  - Individual and/or Team Push Testing/Evaluation results
  - Competitive experience and results
  - Competitive readiness, as set out in section 8
  - Current status within the Athlete Pathway - Appendix F
  - Sliding competency, including driving skill, push technique, riding position, and push position competency
  - On-ice performance, including pilots' ability to learn tracks and adapt based on coaching feedback
  - Number of crew needed based on pilots nominated for selection to the NBP
  - OIEP assessments
  - ERS results
  - Commitment to a BCS-approved IPP
  - Contribution to team culture, including being a supportive teammate and embodying the values and spirit of the team

**Coaching Assessment:** A holistic coaching assessment will also be considered to evaluate an athlete's overall potential and fit within the team. This may include subjective evaluations of attitude, adaptability, leadership, on-ice performance, and responsiveness to coaching.

**Decision-Making Process:** In the exercise of discretion, the SC, HPD, and HPC will collaborate to ensure that decisions are made collectively, with input from all relevant parties. This collaboration ensures that the exercise of discretion is balanced, fair, and reflective of both objective data and subjective assessments. In cases where coaching assessments and objective data conflict, a thorough review will be conducted to resolve discrepancies, with decisions being guided by the overarching Purpose and Guiding Principles.

**Transparency and Accountability:** All discretionary decisions will be documented and communicated clearly to the affected athletes, emphasizing the factors considered and the rationale behind the decision. This documentation ensures transparency and upholds the integrity of the selection process.



**Ongoing Evaluation:** Athletes selected through the exercise of discretion will continue to be monitored and evaluated. Discretionary decisions are not final and may be reassessed based on ongoing performance, commitment, and other relevant factors.

**Potential Conflicts:** In scenarios where discretion may lead to conflicts, such as differing views between coaching staff and data-driven assessments, these conflicts will be addressed through a structured review process. The SC, HPD, and HPC will work together to resolve any disagreements, ensuring that the final decision aligns with the Purpose and Guiding Principles.

No single factor, including the Physical Performance Score, Performance Indicators, or Coaching Assessments, will solely determine the exercise of discretion. All factors will be carefully weighed and considered in context to ensure a fair and balanced decision.

## **8. INJURY / ILLNESS / COMPETITIVE READINESS**

Throughout the NBP-QP and nomination process, athletes are required to maintain Competitive Readiness and to immediately report any injury, illness, or change in training that could affect their ability to compete at their highest level during the current Season.

Athletes must notify the HPD in writing of any injury, illness or change in training without delay.

**“Competitive Readiness”** is defined as: the ability of the athlete to achieve equal or superior performance(s) during the NBP-QP at NBP Testing Opportunities and through the current Season, as compared to the athlete’s personal bests in relation to factors as set out in **section 7.2.** and/or performance benchmarks identified through the IPP process, as applicable.

### **8.1. HEALTH & COMPETITIVE READINESS ASSESSMENT**

All athletes may have their health assessed by the BCS Medical Lead or a designated person including but not limited to the BCS IST Lead, at the discretion of the BCS Team Physician or HPD.

The final decision on Competitive Readiness will be made at the discretion of the HPD, in consultation with the HPC, using such available information as is deemed appropriate, including but not limited to: performance results and progress throughout the NBP-QP, the suitability of the training and commitment to the athlete's IPP, fitness and other Competitive Readiness indicators, submitted medical documentation, consultation with relevant personnel, and/or any other relevant performance related information.

## 8.2. INJURY, ILLNESS & NOT COMPETITIVE READY PRIOR TO NOMINATION TO THE SC

If an athlete is considered injured, ill, or not Competitive Ready before nomination by the HPD to the SC, the HPD, in consultation with the BCS Team Physician and other appropriate persons, will decide if the athlete is likely to recover enough to compete at their best during the current season to justify their nomination.

At the HPD's discretion, such athletes may be required to undergo a fitness or Competitive Readiness test. This test, determined by the HPD in consultation with the HPC and relevant medical personnel, will assess the athlete's ability to compete safely and effectively. The test will consist of a controlled performance, such as a competition or observed test, with a predetermined expected outcome. For example, a single push test or team push test scheduled outside the regular testing opportunities with a preset expected push time may be used.

In all cases, the safety and well-being of the athlete will be the primary consideration, and the athlete will have the opportunity to discuss and understand the requirements and expectations of the test.

*For example: a single push test or team push test scheduled outside of the current Season's NBP Testing Opportunities with a pre-set expected individual push time or pre-set expected team push time may be considered as a controlled performance. This may include other tests including but not limited to, sprinting, lifting.*

## 9. **ATHLETE CODE OF CONDUCT**

### 9.1. Expectations of Athletes' Behavior

Athletes are expected to adhere to the highest standards of conduct and to embody the team values of respect, integrity, and professionalism at all times. This includes, but is not limited to:

- Respectful Interaction: Athletes must treat all team members, including technical staff, coaches, support staff, and fellow athletes, with respect and courtesy. Disrespectful or abusive behavior towards any BCS staff or team members will not be tolerated.
- Adherence to Team Values: Athletes must demonstrate commitment to the team's values, including maintaining a positive attitude, supporting teammates, and upholding the principles of fair play and sportsmanship.

### 9.2 Zero Tolerance Policy

- Disrespectful and Abusive Behavior: Any form of disrespectful or abusive behavior towards BCS staff, teammates, or any other individuals involved in the program will result in immediate removal from team activities, including training and competitions. Such behavior undermines the integrity and cohesion of the team and will not be tolerated.
- Authority of Technical Staff: The technical staff present during any event has full authority to address and take immediate action against any behavior that violates this policy. This includes the authority to remove athletes from the event or team activities if necessary.

### 9.3 Communication of Expectations

To ensure clarity and transparency, these expectations will be communicated to all athletes at the beginning of each season and during any team meetings or briefings. Athletes will be required to acknowledge their understanding and commitment to these standards as part of their participation in the NSP.

For further details on athlete conduct, refer to the Athletes Code of Conduct.

## 10. **APPEALS - INTERNAL**

Any dispute in relation to these NBP SP&C shall be conducted in accordance with the BCS Appeals Policy available on the BCS website:

<https://www.bobsleighcanadaskeleton.ca/en/team/policies/>

## APPENDIX A – EVALUATION RACE SERIES

### 1. ERS FORMAT

BCS will schedule at least one and at most two ERS (Evaluation Race Series) races per discipline, depending on the pre-season schedule and track availability. If two races are held, they may occur on different tracks, with one designated as the Canadian Championships.

The ERS race and points system below will be used to evaluate current performance in combination with historical performance as part of the selection criteria. If the Canadian Championships coincide with an ERS race, the results will be based solely on the points awarded from that race.

	<b>ERS 1 2024 Canadian Championships</b>
<b>Planned Location</b>	Whistler Sliding Centre
<b>Date of Race</b>	November 8th - 13th, 2024
<b>Race Format</b>	World Cup (2 heats over 1 day)
<b>Start Order Heat 1</b>	By rank according to each Pilot's previous season's IBSF ranking. Pilots without an IBSF ranking will be drawn at the end of the field.
<b>Start Order Heat 2</b>	Reverse order by rank according to the first race heat for each ERS Race.

*Note: "By rank" means by highest rank first i.e. athletes who finish first, then second, then third Etc.*

## **2. CONDUCT OF THE ERS**

The ERS will be conducted in accordance with the current IBSF rules, as applicable. Any modifications to the ERS Rules will be announced at the pre-race meeting(s)/draw(s). Athletes are responsible for representing themselves at ERS meetings.

### 2.1. GENERAL RACE FORMAT

2.1.1. Each Pilot is responsible for compiling their respective team of eligible Crew and entering their team into the ERS. Team rosters must be confirmed prior to the race.

2.1.3. Unless a written exemption is granted by the HPD in advance, all Crew participating in the ERS must be available to compete for the entire Season. Availability will be verified before the race.

2.1.4. All equipment (sleds, runners, race suits, footwear, helmets, etc.) must conform to the current IBSF rules, pass the appropriate technical inspections, and, if the equipment is not owned by BCS, the equipment must be available to the athlete for the entire Season. Technical inspections will be conducted at a designated time and location before the race.

2.1.5. Race draws will be held following the final training heats. The process and criteria for the draws will be transparent and fair.

2.1.6. Specific race protocols will be announced at the race draw to reflect the race conditions (times, weather, etc.). Any changes in protocols or rules will be communicated well in advance.

2.1.7. Ties in individual ERS Races will be broken by the teams' respective cumulative push times for the respective ERS Race. The team with the lowest cumulative push time will be deemed the team of higher rank.

2.1.8. Protests must be verbally made to a jury member within five minutes of the race ending and must be submitted in writing within twenty minutes of the race conclusion, along with a \$100 CAD protest fee. If the protest is upheld, the protest fee will be refunded.

2.1.9. Points for the ERS races will be allocated based on the World Cup points system.

2.1.10. The points earned by teams in the ERS races will be added to the average of the top three best results from the previous season. This is in line with Sport Canada's data analytics program for forecasting podium potential.

### 3. ERS POINTS

ERS Points will be awarded, per discipline, for each of the ERS Races according to the following points table and added to the pilots average of their best three results from the previous season:

Rank	Points
1	225
2	210
3	200
4	192
5	184
6	176
7	168
8	160
9	152
10	144

#### Example:

To calculate the ERS race score, add the athlete's average score from their 3 best results in a discipline to their points from the ERS race.

**Formula:** ERS Race Score=Average Score (3 best results from previous season)+ERS Race Points

#### Example Calculations:

##### 1. Athlete A

- Average score based on their 3 best results: 140 points
- ERS race finish: 3rd place (200 points)
- ERS Race Score:  $140+200=340$

##### 2. Athlete B

- Average score based on their 3 best results: 135 points
- ERS race finish: 1st place (225 points)
- ERS Race Score:  $135+225=360$

### 3.1. BONUS POINTS

Bonus points will be awarded based on the average time of the top three place finishers, per discipline, with an additional 1/10th of a point being allocated for each 1/10th second ahead of the average time.

Example: 1st – 115.30 2nd – 117.05 3rd – 117.45  
Average time is 116.60 seconds.  
1st place finisher is 1.3 seconds ahead of the average time therefore receives an additional 1.3pts.

*Total combined ERS Points, per discipline, will be used to rank Pilots.*

### 3.2. TIES

In the event of a tie in total ERS Points, per discipline, the tie will be broken by the teams' respective cumulative push times, over all ERS race heats. The Pilot of the team with the lowest cumulative push time will be deemed to be the Pilot of higher rank.

## 4. ERS – UNFORESEEN CIRCUMSTANCES

Notwithstanding the importance of the ERS in the NBP Selection Process, unforeseen, intervening circumstances (weather, budget, scheduling, facility availability, etc.) affecting the conduct of the ERS, may occur.

- 4.1. If a scheduled ERS Race or portion thereof cannot be held or must be interrupted, BCS will first try to reschedule the ERS Race or portion thereof;
- 4.2. If a venue change is feasible, BCS will attempt to change the venue but will not guarantee funding for travel to the new venue; and/or
- 4.3. If a venue change is not feasible, ranking will be based first on the portion of that ERS Race completed or if no portion has been completed, then ranking will be established at the discretion of the HPD, following consultation with the HPC.

## APPENDIX B – SBT POSITION DESIGNATION TABLE

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MEN'S & WOMEN'S BOBSLEIGH		SBT POSITION DESIGNATION TABLE		
		SBT Position #1	SBT Position #2	SBT Position #3
NUMBER OF SBT POSITIONS BCS FILLS	<b>If Three (3) SBT Positions Filled</b>		If SBT Position 1 is designated to a Pilot through Pre-Selection, SBT Position 2 shall be designated to the highest ranked Pilot based on ERS results, otherwise it shall be designated to the second highest ranked Pilot based on ERS results.	Designated at the discretion of the HPD, in accordance with these NBP SP&C, to any Pilot at any time, otherwise if SBT Position 1 is designated to a Pilot through Pre-Selection, SBT Position 3 shall be designated to the second highest ranked Pilot based on ERS results, otherwise it shall be designated to the third highest ranked Pilot based on ERS results.
	<b>If Two (2) SBT Positions Filled</b>	Designated to a Pilot eligible for Pre-Selection otherwise designated to the highest ranked Pilot based on ERS results.	Designated at the discretion of the HPD, in accordance with these NBP SP&C, to any Pilot at any time, otherwise if SBT Position 1 is designated to a Pilot through Pre-Selection, SBT Position 2 shall be designated to the highest ranked Pilot based on ERS results, otherwise it shall be designated to the second highest ranked Pilot based on ERS results.	
	<b>If One (1) SBT Positions Filled</b>			

Table 1

## APPENDIX C – APE SCORING TABLES

### 1. APE TABLE – BOBSLEIGH – WOMEN



NATIONAL BOBSLEIGH PROGRAM  
ATHLETIC PERFORMANCE EVALUATION POINTS TABLE - WOMEN

ABSOLUTE STRENGTH (35%)				ELASTIC STRENGTH (15%)		SPEED (50%)							
1RM Power Clean (kg)		3RM Front Squat (kg)		Standing Long (m)		15m (sec)		30m (sec)		45m (sec)		15-45m Fly (sec)	
115	100	125	100	3.00	100	2.20	100	3.90	100	5.55	100	3.30	100
112.5	99	122.5	99	2.97	99	2.21	99	3.91	99	5.56	99	3.31	99
110	98	120	98	2.94	98	2.22	98	3.92	98	5.57	98	3.32	98
107.5	97	117.5	97	2.91	97	2.23	97	3.93	97	5.58	97	3.33	97
105	96	115	96	2.88	96	2.24	96	3.94	96	5.59	96	3.34	96
102.5	95	112.5	95	2.85	95	2.25	95	3.95	95	5.60	95	3.35	95
100	94	110	94	2.82	94	2.26	94	3.96	94	5.61	94	3.36	94
97.5	93	107.5	93	2.79	93	2.27	93	3.97	93	5.62	93	3.37	93
95	92	105	92	2.76	92	2.28	92	3.98	92	5.63	92	3.38	92
92.5	91	102.5	91	2.73	91	2.29	91	3.99	91	5.64	91	3.39	91
90	90	100	90	2.70	90	2.30	90	4.00	90	5.65	90	3.40	90
87.5	89	97.5	89	2.68	89	2.31	89	4.01	89	5.66	89	3.41	89
85	88	95	88	2.66	88	2.32	88	4.02	88	5.67	88	3.42	88
82.5	87	92.5	87	2.64	87	2.33	87	4.03	87	5.68	87	3.43	87
80	86	90	86	2.62	86	2.34	86	4.04	86	5.69	86	3.44	86
77.5	85	87.5	85	2.60	85	2.35	85	4.05	85	5.70	85	3.45	85
75	84	85	84	2.58	84	2.36	84	4.06	84	5.71	84	3.46	84
72.5	83	82.5	83	2.56	83	2.37	83	4.07	83	5.72	83	3.47	83
70	82	80	82	2.54	82	2.38	82	4.08	82	5.73	82	3.48	82
67.5	81	77.5	81	2.52	81	2.39	81	4.09	81	5.74	81	3.49	81
65	80	75	80	2.50	80	2.40	80	4.10	80	5.75	80	3.50	80
62.5	79	72.5	79	2.48	79	2.41	79	4.11	79	5.76	79	3.51	79
60	78	70	78	2.46	78	2.42	78	4.12	78	5.77	78	3.52	78
57.5	77	67.5	77	2.44	77	2.43	77	4.13	77	5.78	77	3.53	77
55	76	65	76	2.42	76	2.44	76	4.14	76	5.79	76	3.54	76
52.5	75	62.5	75	2.40	75	2.45	75	4.15	75	5.80	75	3.55	75
50	74	60	74	2.38	74	2.46	74	4.16	74	5.81	74	3.56	74
47.5	73	57.5	73	2.36	73	2.47	73	4.17	73	5.82	73	3.57	73
45	72	55	72	2.34	72	2.48	72	4.18	72	5.83	72	3.58	72
42.5	71	52.5	71	2.32	71	2.49	71	4.19	71	5.84	71	3.59	71
40	70	50	70	2.30	70	2.50	70	4.20	70	5.85	70	3.60	70

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Table 1

2. APE TABLE – BOBSLEIGH – Men

NATIONAL BOBSLEIGH PROGRAM  
ATHLETIC PERFORMANCE EVALUATION POINTS TABLE - MEN

ABSOLUTE STRENGTH (35%)				ELASTIC STRENGTH (15%)		SPEED (50%)							
1RM Power Clean (kg)		3RM Front Squat (kg)		Standing Long (m)		15m (sec)		30m (sec)		45m (sec)		15-45m Fly (sec)	
115	100	125	100	3.00	100	2.20	100	3.90	100	5.55	100	3.30	100
112.5	99	122.5	99	2.97	99	2.21	99	3.91	99	5.56	99	3.31	99
110	98	120	98	2.94	98	2.22	98	3.92	98	5.57	98	3.32	98
107.5	97	117.5	97	2.91	97	2.23	97	3.93	97	5.58	97	3.33	97
105	96	115	96	2.88	96	2.24	96	3.94	96	5.59	96	3.34	96
102.5	95	112.5	95	2.85	95	2.25	95	3.95	95	5.60	95	3.35	95
100	94	110	94	2.82	94	2.26	94	3.96	94	5.61	94	3.36	94
97.5	93	107.5	93	2.79	93	2.27	93	3.97	93	5.62	93	3.37	93
95	92	105	92	2.76	92	2.28	92	3.98	92	5.63	92	3.38	92
92.5	91	102.5	91	2.73	91	2.29	91	3.99	91	5.64	91	3.39	91
90	90	100	90	2.70	90	2.30	90	4.00	90	5.65	90	3.40	90
87.5	89	97.5	89	2.68	89	2.31	89	4.01	89	5.66	89	3.41	89
85	88	95	88	2.66	88	2.32	88	4.02	88	5.67	88	3.42	88
82.5	87	92.5	87	2.64	87	2.33	87	4.03	87	5.68	87	3.43	87
80	86	90	86	2.62	86	2.34	86	4.04	86	5.69	86	3.44	86
77.5	85	87.5	85	2.60	85	2.35	85	4.05	85	5.70	85	3.45	85
75	84	85	84	2.58	84	2.36	84	4.06	84	5.71	84	3.46	84
72.5	83	82.5	83	2.56	83	2.37	83	4.07	83	5.72	83	3.47	83
70	82	80	82	2.54	82	2.38	82	4.08	82	5.73	82	3.48	82
67.5	81	77.5	81	2.52	81	2.39	81	4.09	81	5.74	81	3.49	81
65	80	75	80	2.50	80	2.40	80	4.10	80	5.75	80	3.50	80
62.5	79	72.5	79	2.48	79	2.41	79	4.11	79	5.76	79	3.51	79
60	78	70	78	2.46	78	2.42	78	4.12	78	5.77	78	3.52	78
57.5	77	67.5	77	2.44	77	2.43	77	4.13	77	5.78	77	3.53	77
55	76	65	76	2.42	76	2.44	76	4.14	76	5.79	76	3.54	76
52.5	75	62.5	75	2.40	75	2.45	75	4.15	75	5.80	75	3.55	75
50	74	60	74	2.38	74	2.46	74	4.16	74	5.81	74	3.56	74
47.5	73	57.5	73	2.36	73	2.47	73	4.17	73	5.82	73	3.57	73
45	72	55	72	2.34	72	2.48	72	4.18	72	5.83	72	3.58	72
42.5	71	52.5	71	2.32	71	2.49	71	4.19	71	5.84	71	3.59	71
40	70	50	70	2.30	70	2.50	70	4.20	70	5.85	70	3.60	70

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Table 1

### 3. NBP APE SCORE CALCULATION EXAMPLE

<b>WOMEN'S ATHLETE A</b>		<b>MEN'S ATHLETE B</b>	
<b>ABSOLUTE STRENGTH (AS) - 35%</b>			
1RM PC:	115kg = 100 points	1RM PC:	160kg = 94 points
3RM FS:	125kg = 100 points	3RM FS:	170kg = 94 points
$AS = ((100+100) \times 0.35) \times (700/200):$	<u>245 points</u>	$AS = ((94+94) \times 0.35) \times (700/200):$	<u>230 points</u>
<b>ELASTIC STRENGTH (ES) - 15%</b>			
StLJ:	2.80m = 93 points	StLJ:	3.23m = 94 points
$ES = (93 \times 0.15) \times (700/100):$	<u>97 points</u>	$ES = (94 \times 0.15) \times (700/100):$	<u>98 points</u>
<b>SPEED (S) – 50%</b>			
15m:	2.24sec = 96 points	15m:	2.10sec = 95 points
30m:	3.97sec = 93 points	30m:	3.66sec = 89 points
45m:	5.61sec = 94 points	45m:	5.11sec = 84 points
15-45m Fly:	3.36sec = 94 points	15-45m Fly:	3.01sec = 89 points
$S = ((96+93+94+94) \times 0.5) \times (700/400):$	<u>329 points</u>	$S = ((95+89+84+89) \times 0.5) \times (700/400):$	<u>312 points</u>
<b>APE Score (AS+ES+S)</b>			
APE Score = (245+97+329):	<b><u>671 Points</u></b>	APE Score = (230+98+312):	<b><u>640 Points</u></b>

Table 3

## APPENDIX D – PHYSICAL PERFORMANCE SCORE

The Physical Performance Score is calculated utilizing the athlete’s current Season Physical (Push & Athletic) testing results as follows:

### 1. PUSH STANDARD DIFFERENTIAL

– the amount of time between an athlete’s single best individual push testing result, recorded during Push Testing, and their respective NBP Push Standard (**Appendix C**). This is multiplied by a factor of 10.

Note: a + value indicates an individual push testing result which faster than the respective NBP Push Standard and a – value indicates an individual push testing result which is slower than the respective NBP Push Standard.

### 2. APE SCORE

– calculated, in accordance with the athlete’s respective APE Scoring Table (**Appendix B**), from the athlete’s single best individual athletic testing results. This is divided by a factor of 100.

**Table 1** below outlines example calculations for the Physical Performance Score metric.

<b>ATHLETE NAME</b>	<b>NBP PUSH STANDARD DIFFERENTIAL*10 (A)</b>	<b>APE SCORE/100 (B)</b>	<b>PHYSICAL PERFORMANCE SCORE (A + B)</b>
<b>Athlete A</b>	+1.5	6.67	<b>8.17</b>
<b>Athlete B</b>	+1.8	6.12	<b>7.92</b>
<b>Athlete C</b>	+1.3	6.18	<b>7.48</b>
<b>Athlete D</b>	+0.9	5.87	<b>6.77</b>
<b>Athlete E</b>	+0.1	6.36	<b>6.46</b>
<b>Athlete F</b>	+0.7	5.54	<b>6.24</b>
<b>Athlete G</b>	+0.4	5.66	<b>6.06</b>
<b>Athlete H</b>	+0.0	6.01	<b>6.01</b>
<b>Athlete I</b>	+0.1	5.67	<b>5.77</b>
<b>Athlete J</b>	-1.0	5.98	<b>4.98</b>
<b>Athlete K</b>	-0.3	4.89	<b>4.59</b>

<b>Athlete L</b>	-0.5	4.79	<b>4.29</b>
<b>Athlete M</b>	-1.7	4.37	<b>2.67</b>

## APPENDIX E – NBP STANDARDS TABLES

### 1. NBP PUSH STANDARD TABLE

<b>NBP Push Standard - Pilots</b>		<b>NBP Push Standard - Crew</b>	
DISCIPLIN E	ICE HOUSE PUSH TIME	DISCIPLIN E	ICE HOUSE PUSH TIME
Men:	≤ 5.20 sec	Men:	≤ 5.15 sec
Women:	≤ 5.60 sec	Women:	≤ 5.55 sec

Table 1

### 2. NGBP PUSH STANDARD TABLE

<b>NGBP Push Standard</b>	
DISCIPLIN E	ICE HOUSE PUSH TIME
Men:	≤ 5.25 sec
Women:	≤ 5.65 sec

Table 2

### 3. NBP SPRINT STANDARD TABLE

<b>NBP Sprint Standard</b>	
DISCIPLINE	30m SPRINT TIME
Men:	≤ 3.90 sec
Women:	≤ 4.20 sec

Table 3

#### 4. NGBP AGE THRESHOLD TABLE

NGBP Age Threshold	
DISCIPLINE	YEAR OF BIRTH
Men:	1994 or later
Women:	1995 or later

Table 4

Tables 5 and 6 below contain the data and calculations used to define the year of birth NGBP Age Threshold for the respective disciplines.

2-MAN - OWG MEDALISTS						4-MAN - OWG MEDALISTS				
OWG	PILOT	RANK	COUNTRY	YOB	AGE*	PILOT	RANK	COUNTRY	YOB	AGE*
2002	Langen	1	GER	1962	40	Lange	1	GER	1973	29
	Reich	2	SUI	1967	35	Hays	2	USA	1969	33
	Annen	3	SUI	1974	28	Shimer	3	USA	1962	40
2006	Lange	1	GER	1973	33	Lange	1	GER	1973	33
	Lueders	2	CAN	1970	36	Zubkov	2	RUS	1974	32
	Annen	3	SUI	1974	32	Annen	3	SUI	1974	32
2010	Lange	1	GER	1973	37	Holcomb	1	USA	1980	30
	Florschütz	2	GER	1978	32	Lange	2	GER	1973	37
	Zubkov	3	RUS	1974	36	Rush	3	CAN	1980	30
2014	Hefti	1	SUI	1978	36	Melbärdis	1	LAT	1988	26
	Holcomb	2	USA	1980	34	Holcomb	2	USA	1980	34
	Melbärdis	1	LAT	1988	26	Jackson	3	GBR	1977	37
2018	Kripps	1	CAN	1987	31	Friedrich	1	GER	1990	28
	Friedrich	1	GER	1990	28	Walther	2	GER	1990	28
	Melbärdis	3	LAT	1988	30	Won	2	KOR	1985	33
2022	Friedrich	1	GER	1990	32	Friedrich	1	GER	1990	32
	Lochner	2	GER	1990	32	Lochner	2	GER	1990	32
	Hafer	3	GER	1992	30	Kripps	3	CAN	1987	35

Table 5

AVERAGE AGE: 32.47

STANDARD DEVIATION: 3.53

ADJUSTED AVERAGE AGE:  $32.47 + 3.53 = 36.00$

2030 MEN'S NGBP YOB THRESHOLD:  $2030 - 36^{**} = 1994$

Notes:

\* The AGE used for the purposes of calculating the NGBP YOB Threshold is the age of the athlete at the end of the calendar year of the respective Olympic Games.

\*\* The Adjusted Average Age is rounded to the nearest whole number to calculate the NGBP YOB Threshold.

<b>2-WOMAN - OWG MEDALISTS</b>						<b>WOMEN'S MONBOB - OWG MEDALISTS</b>				
<b>OWG</b>	<b>PILOT</b>	<b>RANK</b>	<b>COUNTRY</b>	<b>YOB</b>	<b>AGE*</b>	<b>PILOT</b>	<b>RANK</b>	<b>COUNTRY</b>	<b>YOB</b>	<b>AGE*</b>
<b>2002</b>	Bakken	1	USA	1977	25					
	Prokoff	2	GER	1975	27					
	Erdmann	3	GER	1968	34					
<b>2006</b>	Kiriasis (Prokoff)	1	GER	1975	31					
	Rohbock	2	USA	1977	29					
	Weissensteiner	3	ITA	1969	37					
<b>2010</b>	Humphries	1	CAN	1985	25					
	Upperton	2	CAN	1979	31					
	Pac	3	USA	1980	30					
<b>2014</b>	Humphries	1	CAN	1985	29					
	Meyers	2	USA	1984	30					
	Greubel	3	USA	1983	31					
<b>2018</b>	Jamanka	1	GER	1990	28					
	Meyers	2	USA	1984	34					
	Humphries	3	CAN	1985	33					
<b>2022</b>	Nolte	1	GER	1998	24	Humphries	1	USA	1985	37
	Jamanka	2	GER	1990	32	Meyers	2	USA	1984	38
	Meyers	3	USA	1984	38	de Bruin	3	CAN	1989	33

Table 6

AVERAGE AGE: 31.24

STANDARD DEVIATION: 4.19

ADJUSTED AVERAGE AGE:  $31.24 + 4.19 = 35.43$

2030 WOMEN'S NGBP YOB THRESHOLD:  $2030 - 35^{**} = 1995$

Notes:

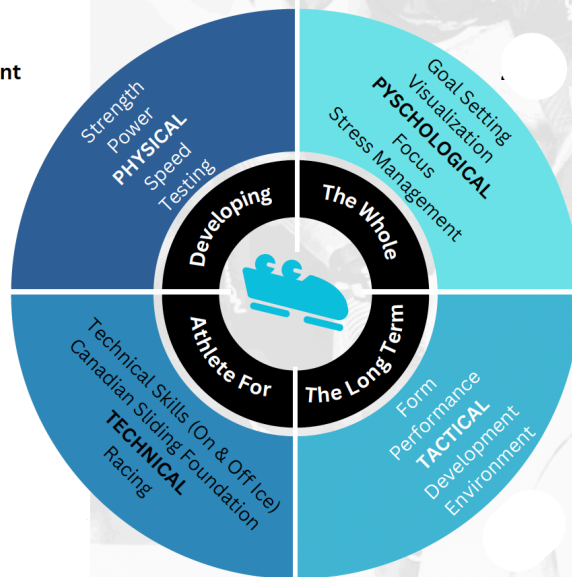
\* the AGE used for the purposes of calculating the NGBP YOB Threshold is the age of the athlete at the end of the calendar year of the respective Olympic Games.

\*\* the Adjusted Average Age is rounded to the nearest whole number to calculate the NGBP

APPENDIX F – Gold Medal Profile (GMP)

**Delivering the Athlete Development Pathway**

Bobsleigh Canada Skeleton  
**Long Term Athlete Development**  
"Whole Athlete" Approach



Bobsleigh Canada Skeleton Athlete Development Pathway